



March 10, 2019 - Welcome

Red hymn books – Ancient & Modern

We are delighted that you are with us for worship today. If you are new to the Cathedral and would like to be contacted, please fill out the blue and white card in the pew. You may place it on the Offertory plate or give it to either of the clergy. Please stay for refreshments (Fair Trade coffee) after the service. Every person who is baptized is invited to the Lord's Table to receive Holy Communion with us. Gluten-free wafers are available. Please ask at the altar rail. We also ask that you refrain from dipping your wafers into the wine. All people are welcome to come to the altar at the time of communion for a prayer of blessing; please cross your arms to indicate this.

MORNING PRAYER – p. 4, BCP

Celebrant: The Very Rev. Donald Davidson

Gospeller: The Rev. Don Goodwin, Honorary Associate

Prelude: Adagio (Sonata 1, BWV 525)

J.S. Bach

Celebrant: Welcome and Announcements

Opening Hymn: AM56 Forty days and forty nights (Heinlein)

The Exhortation

Celebrant: Dearly beloved, the Scripture moveth us in sundry places to acknowledge and confess our manifold sins and wickedness; and that we should not dissemble nor cloke them before the face of Almighty God our heavenly Father; but confess them with an humble, lowly, penitent, and obedient heart; to the end that we may obtain forgiveness of the same, by his infinite goodness and mercy. And although we ought at all times humbly to acknowledge our sins before God; yet ought we most chiefly so to do, when we assemble and meet together to render thanks for the great benefits that we have received at his hands, to set forth his most worthy praise, to hear his most holy Word, and to ask those things which are requisite and necessary, as well for the body as the soul. Wherefore I pray and beseech you, as many as are here present, to accompany me with a pure heart and humble voice unto the throne of the heavenly grace.

General Confession

Said by all. Please kneel, as you are able.

Almighty and most merciful Father, We have erred, and strayed from thy ways like lost sheep, We have followed too much the devices and desires of our own hearts, We have offended against thy holy laws, We have left undone those things which we ought to have done, And we have done those things which we ought not to have done, And there is no health in us: But thou, O Lord, have mercy upon us miserable offenders; Spare thou them, O God, which confess their faults, Restore thou them that are penitent, According to thy promises declared unto mankind in Christ Jesu our Lord: And grant, O most merciful Father, for his sake, That we may hereafter live a godly, righteous, and sober life, To the glory of thy holy Name. **Amen**

Absolution

Please kneel, as you are able.

Celebrant: Almighty God, the Father of our Lord Jesus Christ, who desireth not the death of a sinner, but rather that he may turn from his wickedness, and live; and hath given power, and commandment, to his Ministers, to declare and pronounce to his people, being penitent, the Absolution and Remission of their sins: He pardoneth and absolveth all them that truly repent, and unfeignedly believe his holy Gospel. Wherefore we beseech him to grant us true repentance, and his Holy Spirit, that those things may please him, which we do at this present; and that the rest of our life hereafter may be pure, and holy; so that at the last we may come to his eternal joy; through Jesus Christ our Lord.

People: Amen

The Lord's Prayer

Said by all. Please kneel, as you are able.

Our Father, who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.

Celebrant: O Lord, open thou our lips.

People: And our mouth shall show forth thy praise.

Celebrant: O God, make speed to save us.

People: O Lord, make haste to help us.

Celebrant: Glory be to the Father, and to the Son, and to the Holy Ghost;

**People: As it was in the beginning, is now, and ever shall be, world without end.
Amen.**

Celebrant: Praise ye the Lord

People: The Lord's Name be praised.

Canticle: Venite, Exultemus Domino (*please stand, as you are able*)

S. ARNOLD



O come, let us sing unto the Lord / let us heartily rejoice in the strength of our salvation.
Let us come before his presence with thanksgiving / and show ourselves glad in him with psalms.

For the Lord is a great God / and a great King above all gods.

In his hand are all the corners of the earth / and the strength of the hills is his also.

The sea is his, and he made it / and his hands prepared the dry land.

O come, let us worship and fall down / and kneel before the Lord our Maker.

For he is the Lord our God / and we are the people of his pasture, and the sheep of his hand.

Glory be to the Father, and to the Son / and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be / world without end. Amen.

A Reading from Psalm 91:1-2,9-16

¹ Whoso dwelleth under the defence of the Most High / shall abide under the shadow of the Almighty.

² I will say unto the LORD , 'Thou art my refuge and my stronghold; / my God in whom I will trust.'

⁹ Because thou hast said, 'The LORD is my refuge', / and hast made the Most High thy habitation,

¹⁰ There shall no evil happen unto thee, / neither shall any plague come nigh thy dwelling.

¹¹ For he shall give his angels charge over thee, / to keep thee in all thy ways.

¹² They shall bear thee in their hands, / that thou hurt not thy foot against a stone.

¹³ Thou shalt tread upon the lion and adder: / the young lion and the dragon shalt thou trample under thy feet.

¹⁴ Because he hath set his love upon me, therefore will I deliver him; / I will set him up, because he hath known my Name.

¹⁵ He shall call upon me, and I will hear him: / yea, I am with him in trouble; I will deliver him, and bring him to honour.

¹⁶ With long life will I satisfy him, / and show him my salvation.

The people are seated for the Children's Focus and Proclamation of the Word.

The Children's Focus

The children leave afterwards for Children's Church.

Dean Don Davidson

The Proclamation of the Word

A Reading from the Book of Deuteronomy 26:1-11

Bev Coles

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me." You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

Here endeth the first lesson.

Te Deum Laudamus (*please stand, as you are able*)



We praise thee, O God : we acknowledge thee to be the Lord.
All the earth doth worship thee, the Father everlasting.
To thee all Angels cry aloud the heavens, and all the powers therein.
To thee Cherubim and Seraphim continually do cry,
Holy, Holy, Holy : Lord God of hosts;
Heaven and earth are full of the Majesty of thy glory.
The glorious company of the Apostles praise thee.
The goodly fellowship of the Prophets praise thee.
The noble army of Martyrs praise thee.
The holy Church throughout all the world doth acknowledge thee;

The Father, of an infinite Majesty;
Thine honourable, true and only Son;
Also the Holy Ghost the Comforter.



Thou art the King of Glory O Christ.
Thou art the everlasting Son of the Father.
When thou tookest upon thee to deliver man thou didst not abhor the Virgin's womb.
When thou hadst overcome the sharpness of death thou didst open the kingdom of heaven to all believers.
Thou sittest at the right hand of God in the glory of the Father.
We believe that thou shalt come to be our Judge.
We therefore pray thee, help thy servants whom thou hast redeemed with thy precious blood.
Make them to be numbered with thy Saints in glory everlasting.



O Lord, save thy people and bless thine heritage.
Govern them and lift them up for ever.
Day by day we magnify thee;
And we worship thy Name ever world without end.
Vouchsafe, O Lord to keep us this day without sin.
O Lord, have mercy upon us have mercy upon us.
O Lord, let thy mercy lighten upon us as our trust is in thee.
O Lord, in thee have I trusted let me never be confounded.

A Reading from the Letter of Paul to the Romans 10:8b-13

Bev Coles

"The word is near you, on your lips and in your heart" (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and

is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved."

Here endeth the second lesson.

Please stand to sing and remain standing for the Gospel.

Canticle: Benedictus Luke 1.68

S. WESLEY



Blessed be the Lord God of Israel / for he hath visited and redeemed his people;
And hath raised up a mighty salvation for us / in the house of his servant David;
As he spake by the mouth of his holy Prophets / which have been since the world began;
That we should be saved from our enemies / and from the hand of all that hate us.
To perform the mercy promised to our forefathers / and to remember his holy Covenant;
To perform the oath which he sware to our forefather Abraham / that he would give us;
That we being delivered out of the hand of our enemies / might serve him without fear;
In holiness and righteousness before him / all the days of our life.
And thou, Child, shalt be called the Prophet of the Highest / for thou shalt go before the face of
the Lord to prepare his ways;
To give knowledge of salvation unto his people / for the remission of their sins,
Through the tender mercy of our God / whereby the day-spring from on high hath visited us;
To give light to them that sit in darkness, and in the shadow of death / and to guide our feet into
the way of peace.
Glory be to the Father, and to the Son / and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be / world without end. Amen.

Gospeller: The Lord be with you

People: And with thy Spirit

A Reading from The Holy Gospel of our Lord Jesus Christ according to Luke 4:1-13

People: Glory be to thee O Lord

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, "One does not live by bread alone.' " Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written, "Worship the Lord your God, and serve only him.' "

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written, "He will command his angels concerning you, to protect you,' and "On their hands they will bear you up, so that you will not dash your foot against a stone.' " Jesus answered him, "It is said, "Do not put the Lord your God to the test.' " When the devil had finished every test, he departed from him until an opportune time.

Gospeller: The Gospel of Christ

People: Praise be to thee, O Christ

The Apostles' Creed

Please stand as you are able.

All: I believe in God the Father Almighty, Maker of heaven and earth:

And in Jesus Christ his only Son our Lord, Who was conceived by the Holy Ghost, Born of the Virgin Mary, Suffered under Pontius Pilate, Was crucified, dead, and buried: He descended into hell; The third day he rose again from the dead; He ascended into heaven, And sitteth on the right hand of God the Father Almighty; From thence he shall come to judge the quick and the dead. I believe in the Holy Ghost; The holy Catholic Church; The Communion of Saints; The Forgiveness of sins; The Resurrection of the body, And the Life everlasting. Amen.

Lesser Litany and Collects

Please kneel, as able.

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: Let us pray.

Lord, have mercy upon us.

People: Christ, have mercy upon us.

Celebrant: Lord, have mercy upon us.

The Lord's Prayer

Please kneel, sit, or stand as you are able.

Our Father, who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. Amen.

Celebrant: O Lord, show thy mercy upon us.

People: And grant us thy salvation.

Celebrant: O Lord, save the Queen.

People: And mercifully hear us when we call upon thee.

Celebrant: Endue thy Ministers with righteousness.

People: And make thy chosen people joyful.

Celebrant: O Lord, save thy people.

People: And bless thine inheritance.

Celebrant: Give peace in our time, O Lord.

People: And evermore mightily defend us.

Celebrant: O God, make clean our hearts within us.

People: And take not thy Holy Spirit from us.

The Collect of the Day

Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

The Collect for Peace

O God, who art the author of peace and lover of concord, in knowledge of whom standeth our eternal life, whose service is perfect freedom: Defend us thy humble servants in all assaults of our enemies; that we, surely trusting in thy defence, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. **Amen.**

The Collect for Grace

O Lord, our heavenly Father, Almighty and everlasting God, who hast safely brought us to the beginning of this day: Defend us in the same with thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger; but that all our doings may be ordered by thy governance, to do always that is righteous in thy sight; through Jesus Christ our Lord. **Amen.**

Anthem: Thou knowest, Lord

Henry Purcell (NCAB 482)

Thou knowest, Lord, the secrets of our hearts; shut not thy merciful ears unto our prayers; but spare us, Lord most holy, O God most mighty, O holy and most merciful saviour, thou most worthy judge eternal. Suffer us not, at our last hour, for any pains of death, to fall from thee. Amen.

Offertory Hymn: AM336 All my hope on God is founded (Michael)

Prayers

Please kneel, as you are able.

A Prayer for the Queen's Majesty

O Lord, our heavenly Father, high and mighty, King of kings, Lord of lords, the only Ruler of princes, who dost from thy throne behold all the dwellers upon earth: Most heartily we beseech thee with thy favour to behold our most gracious Sovereign Lady, Queen Elizabeth; and so

replenish her with the grace of thy Holy Spirit, that she may always incline to thy will, and walk in thy way. Endue her plentifully with heavenly gifts; grant her in health and wealth long to live; strengthen her that she may vanquish and overcome all her enemies; and finally after this life she may attain everlasting joy and felicity; through Jesus Christ our Lord. **Amen.**

A Prayer for the Clergy and People

Almighty and everlasting God, who alone workest great marvels: Send down upon our Bishops, and Curates, and all Congregations committed to their charge, the healthful Spirit of thy grace; and that they may truly please thee, pour upon them the continual dew of thy blessing. Grant this, O Lord, for the honour of our Advocate and Mediator, Jesus Christ. **Amen.**

The Grace

Celebrant: Almighty God, Father of all mercies, we thine unworthy servants do give thee most humble and hearty thanks for all thy goodness and loving-kindness to us and to all men. We bless thee for our creation, preservation, and all the blessings of this life; but above all for thine inestimable love in the redemption of the world by our Lord Jesus Christ for the means of grace, and for the hope of glory. And, we beseech thee, give us that due sense of all thy mercies, that our hearts may be unfeignedly thankful; and that we show forth thy praise, not only with our lips, but in our lives, by giving up our selves to thy service, and by walking before thee in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with thee and the Holy Spirit, be all honor and glory, world without end. **Amen.**

A Prayer of Saint Chrysostom

Celebrant: Almighty God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy Name thou wilt grant their requests: Fulfil now, O Lord, the desires and petitions of thy servants, as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting.

People: Amen.

Celebrant: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. **Amen.**

Closing hymn: AM180 Thou, whose almighty word (Moscow)

Postlude: Fugue in g minor ("Little") (BWV 578)

J.S. Bach

**Readings for Sunday, March 17, Second Sunday of Lent:
Genesis 15:1-12,17-18, Psalm 27, Philippians 3:17-4:1, Luke 13:31-35**

*The flowers on the high altar are given to the glory of God
and in loving memory of seven beautiful children: Ahmad, 14; Rola, 12; Mohamad, 9; Ola, 8;
Hala, 3; Rana, 2; and Abdullah, 4 months, from Muriel & David Smith*

ANNOUNCEMENTS



Assistive Listening Devices (ALDs) are available. Please ask the sidespeople if you would like to use one. Look for the red lanyards.

Thanks to all who attended the Pancake Supper and a huge thanks to everyone who helped make the meal happen. Just over 100 people enjoyed the food and opportunity to meet socially at this traditional parish event.

Women's Fellowship and Pot Luck Dinner on **Thursday, March 21** at 5pm features guest speaker Beth Risto, pharmacist, who will speak about the impact of drugs on the brain. Please join us, bring a friend and a dish (appetizer, main dish or dessert) to share. Many thanks.

Fabrics and Colours in the Church Service: On **March 23**, from **10:00-3:00**, Dean Don Davidson, Catherine Comer of Liturgical Vestments, and Verger Jane Kirkpatrick will present a series exploring the complexity of our fabrics and colours at Church Service at Christ Church Catarauqui, 990 Sydenham Rd. Cost for the day is \$20 and includes lunch. Please RSVP to Rev. John Morrison – ja.morrison@bell.net .

The St. George's Cathedral Children's Choir, directed by Michael Capon, and the Youth Choir, directed by Emma Drinnan, will present an afternoon high tea and concert on **Sunday, May 12** at **3:00 p.m.** in the Cathedral Great Hall. Admission is free, with a voluntary offering collected in support of the Choir program.

As part of a choral festival in June, St. George's has agreed to host the **Boys' Choir of St. Martin's Church**, Bieberach, Germany for two nights: **June 12** and **13**. If you are able to provide bed, breakfast, and transportation to and from the Cathedral for two or more members on those nights, contact Phillip Rogers: rogersp@queensu.ca or 613-546-7443.

The Projects Group has secured tickets for a matinee performance of *The Merry Wives of Windsor* in Stratford, ON, on **Wednesday, Sept. 18, 2019**. The trip includes a matinee ticket (best seat section available to groups) bus transportation, dinner, overnight accommodation, and a Thursday visit to St. Jacob's. The cost is \$300.00 per person, based on double occupancy. Cash or cheque only. A tax-deductible receipt for \$60.00 will be issued. Tickets sales will begin the third week of March.

Thank you to those assisting in today's service:

Greeters/Sidespeople: Sharon Bate, Leigh Smith, Helen Lamb, Lynda Redmond

Servers: Derek Falkner, Carl Redmond

Refreshments: Fellowship Committee

Dean and Rector: The Very Reverend Don Davidson

Dean's Warden: Ken Whatley

People's Warden: Tony Ashworth

Deputy Warden: Harold Redekopp

Music Director: Michael Capon

Verger: Jane Kirkpatrick

This Week at the Cathedral

TODAY, Sunday, March 10

4:00 Choral Evensong, in the Cathedral

Wednesday, March 13

12:15 Eucharist, in the Cathedral

4:30 Centering Prayer, in the Library

Thursday, March 14

10:30 Healing Eucharist, in the Lady Chapel

11:15 Bible Study, in the Library

Friday, March 15

12:00 Coventry Litany of Reconciliation, Cathedral steps

5:30 Youth Group, in the Great Hall

270 King Street East at Johnson Street
P.O. Box 475, Kingston, ON K7L 4W5
Tel: 613-548-4617 Fax: 613-548-7466

Email: office@stgeorgescathedral.ca
Website: <http://www.stgeorgescathedral.ca>
Facebook: St. George's Cathedral Kingston