



March 15, 2020 8:00am
The Third Sunday in Lent
Welcome



white card in the pew. You may place it on the Offertory plate or give it to the clergy. Every person who is baptized is invited to the Lord's Table to receive Holy Communion with us. Gluten-free wafers are available. Please ask at the altar rail. We also ask that you refrain from dipping your wafers into the wine. All people are welcome to come to the altar at the time of Communion. Cross your arms to indicate a prayer of blessing if you do not wish to receive Communion.

**UNTIL FURTHER NOTICE PLEASE BE ADVISED WE ARE DISPENSING THE USE
OF THE COMMON CUP AT COMMUNION**

Celebrant: The Venerable John Robertson
Preacher: The Reverend Canon Barbara Stewart

The Third Sunday in Lent

The Collect of the Day

Lord of the wellspring, source of life and truth: give us the courage of the Samaritan woman, so that we may receive living water, and worship you in spirit and in truth; through Jesus Christ who quenches our thirst with eternal life. **Amen**

The Proclamation of the Word

Reading from the Book of Exodus 17:1-7

Lynn Wilson

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me." The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the LORD, saying, "Is the LORD among us or not?"

Reader: The word of the Lord

People: Thanks be to God

Psalm 95

¹O come, let us sing unto the LORD:/ let us heartily rejoice in the strength of our salvation.

² Let us come before his presence with thanksgiving, / and show ourselves glad in him with psalms.

³ For the LORD is a great God, / and a great King above all gods.

⁴ In his hand are all the corners of the earth: / and the strength of the hills is his also.

⁵ The sea is his, and he made it: / and his hands prepared the dry land.

⁶ Come, let us worship, and fall down, / and kneel before the LORD our Maker.

⁷ For he is the LORD our God; / and we are the people of his pasture, and the sheep of his hand.

⁸ To-Day, O that ye would hear his voice: / Harden not your hearts as in the Provocation, and as in the day of Temptation in the wilderness;

⁹ When your fathers tempted me, / proved me, and saw my works.

¹⁰ Forty years long was I grieved with that generation, and said, / “It is a people that do err in their hearts, for they have not known my ways”;

¹¹ Unto whom I swear in my wrath, / that they should not enter into my rest.”

A Reading from the Letter of Paul to the Romans 5:1-11

Lynn Wilson

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God

through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader: The Word of the Lord

People: Thanks be to God

Please stand for the Gospel.

Gospeller The Lord be with you

People: And with thy Spirit

Holy Gospel of our Lord Jesus Christ According to John 4:5-42

People: Glory be to Thee, O Lord

So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but

you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world."

Gospeller: The Gospel of Christ

People: Praise be to Thee, O Christ

The people are seated at the invitation of the preacher.

The Sermon:

The Rev Canon Barbara Stewart

Personal requests may be placed in the prayer basket on the altar for this Sunday. For continuing prayers, names may be left at the office for the Prayer Fellowship.

Prayer List: for the Very Rev. Sharon Murdoch; the Ven. Michael Caswell; John Bate; Lynda Redmond; Kathy Worton; Alethea; Kathy Anderson; Ayda Papazyan; Harry Cleghorn; John Weatherall; Dee Padfield; Diana Davis Duerkop; Margaret Milner; Keara; Connie Carr and family; for those on our prayer chain; for all those serving in the Canadian Forces at home and overseas; and for those facing medical procedures.

Pray for the soul of The Rev. Canon Chris Carr (RIP); and Conti Hewetson (RIP)

The flowers at the high altar today are given to the glory of God and to celebrate our March girls: Great grandmother Helen, Grandma Judi, granddaughters Haylie and Lia, from Jane Kirkpatrick.

**Readings for Sunday, March 22, The Fourth Sunday in Lent
1 Samuel 16:1-13; Psalm 23; Ephesians 5:8-14; John 9:1-41**

ANNOUNCEMENTS

Assistive Listening Devices (ALDs) are available. Please ask the sides people if you would like to use one. Look for the red lanyards.

Lunch By George are in need of coffee, coffee whitener, canned vegetables, juice crystals (diet and regular). If you are able to provide any of these items please deliver them to the church office or Lunch By George any morning Monday to Friday.

The Monday Flower Group needs empty clean 500 ml (2 cup) size plastic containers. If you have any, please leave with the office or in the cottage kitchen. With our thanks.

Agnostic Exploration Series will be held at St. George's in the Library on **Wednesday March 18, March 25, and April 1, at 7:30pm**, titled *Why Did Jesus Have to Die?*

What was it about the message of this itinerant rabbi that so threatened the Empire that they felt the need to execute him? In this three week look into the Passion narratives, we will begin to look critically at the message of Jesus, and how it so challenged the status quo of the empire that Rome saw the need to smash the nascent group. We will look as well at how the authentic message of the cross still stands as a challenge and a threat to the empires of our own day.

Upcoming at the Cathedral

Today, Sunday March 15, 4:00pm Contemplative Celtic Eucharist

Wednesday, March 18, 12:15 Eucharist, in the Lady Chapel

Thursday, March 19, 10:30 Healing Eucharist, in the Lady Chapel

Friday, Mar 20, 12:00 Coventry Litany of Reconciliation, Cathedral steps

Sunday, March 22, 8:00am Holy Eucharist, **10:30am** Choral Eucharist

4:00pm Solemn High Mass, at high Altar

Sunday March 29, 8:00am Holy Eucharist, **10:30am** Choral Eucharist

4:00pm The Reverend Georgiana Stewart to be ordained Priest

Dean and Rector: The Very Reverend Don Davidson

Dean's Warden: Harold Redekopp

People's Warden: Laurie Dempsey

Deputy Warden: Megan Bruce

Music Director: Michael Capon

Verger: Jane Kirkpatrick

