

The Order For Morning Prayer

The Book of Alternative Services

23 August 2020

Twelfth Sunday after Pentecost



St. George's Cathedral, Kingston

Prelude: *Introduction* J. Stanley (1712-86)

Opening Hymn

*Lift high the cross, the love of Christ proclaim,
till all the world adore his sacred name.*

2

Come, brethren, follow where our Savior trod,
our King victorious, Christ, the Son of God:

3

O Lord, once lifted on the glorious tree,
as thou hast promised, draw men unto thee:

4

Let every race and every language tell
of him who saves our souls from death and hell:

5

From farthest regions let them homage bring,
And on his Cross adore their Saviour King:

6

Set up thy throne, that earth's despair may cease
beneath the shadow of its healing peace:

7

For thy blest cross which doth for us atone
creation's praises rise before thy throne:

*Lift high the cross, the love of Christ proclaim,
till all the world adore his sacred name.*

Morning Prayer

Officiant Lord, open our lips,
People **And our mouth shall proclaim your praise.**

Officiant O God, make speed to save us.
People **O Lord, make haste to help us.**

All **Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.**
Alleluia!

The Invitatory

Venite

O COME, let us sing unto the LORD: / let us heartily rejoice in the strength of our salvation.
Let us come before his presence with thanksgiving, / and show ourselves glad in him with psalms.

For the LORD is a great God, / and a great King above all gods.

In his hand are all the corners of the earth: / and the strength of the hills is his also.

The sea is his, and he made it: / and his hands prepared the dry land.

O COME, let us worship, and fall down, / and kneel before the LORD our Maker.

For he is the Lord our God; / and we are the people of his pasture, and the sheep of his hand.

TO-DAY, O that ye would hear his voice: / 'Harden not your hearts as in the Provocation, and as in the day of Temptation in the wilderness;

When your fathers tempted me, / proved me, and saw my works.

Forty years long was I grieved with that generation, and said, / "It is a people that do err in their hearts, for they have not known my ways";

Unto whom I swear in my wrath, / that they should not enter into my rest.'

GLORY be to the Father, and to the Son, / and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be, / world without end. Amen.

The Psalm

124. *Nisi quia Dominus.*

IF the LORD himself had not been on our side, now may Israel say; / if the LORD himself had not been on our side, when men rose up against us;

2 They had swallowed us up alive, / when they were so wrathfully displeased at us;

3 Then the waters had drowned us, / and the torrent had gone over our soul;

4 Yea, then the raging waters / had gone even over our soul.

5 BUT praised be the LORD, / who hath not given us over for a prey unto their teeth.

6 Our soul is escaped even as a bird out of the snare of the fowler: / the snare is broken, and we are delivered.

7 Our help standeth in the Name of the LORD, / who hath made heaven and earth.

The Office Hymn

Through all the changing scenes of life,
in trouble and in joy,
the praises of my God shall still
my heart and tongue employ.

2 O magnify the Lord with me,
with me exalt his name;
when in distress to him I called,
he to my rescue came.

3 The hosts of God encamp around
the dwellings of the just;
deliverance he affords to all
who on his succour trust.

4 O make but trial of his love,
experience will decide
how blest are they, and only they,
who in his truth confide!

5 Fear him, ye saints, and you will then
have nothing else to fear;
make you his service your delight,
your wants shall be his care.

6 To Father, Son, and Holy Ghost,
the God whom we adore,
be glory, as it was, is now,
and shall be evermore.

Wiltshire

G. T. Smart (1776-1867)

Psalm 34 in New Version (Tate and Brady, 1696)

The Proclamation of the Word

The Readings

A reading from the Book of Exodus

Now a new king arose over Egypt, who did not know Joseph. He said to his people, "Look, the Israelite people are more numerous and more powerful than we. Come, let us deal shrewdly with them, or they will increase and, in the event of war, join our enemies and fight against us and escape from the land." therefore they set taskmasters over them to oppress them with forced labor. They built supply cities, Pithom and Rameses, for Pharaoh. But the more they were

oppressed, the more they multiplied and spread, so that the Egyptians came to dread the Israelites. The Egyptians became ruthless in imposing tasks on the Israelites, and made their lives bitter with hard service in mortar and brick and in every kind of field labor. They were ruthless in all the tasks that they imposed on them. The king of Egypt said to the Hebrew midwives, one of whom was named Shiphrah and the other Puah, "When you act as midwives to the Hebrew women, and see them on the birthstool, if it is a boy, kill him; but if it is a girl, she shall live." But the midwives feared God; they did not do as the king of Egypt commanded them, but they let the boys live. So the king of Egypt summoned the midwives and said to them, "Why have you done this, and allowed the boys to live?" The midwives said to Pharaoh, "Because the Hebrew women are not like the Egyptian women; for they are vigorous and give birth before the midwife comes to them." So God dealt well with the midwives; and the people multiplied and became very strong. And because the midwives feared God, he gave them families. Then Pharaoh commanded all his people, "Every boy that is born to the Hebrews you

shall throw into the Nile, but you shall let every girl live." Now a man from the house of Levi went and married a Levite woman. The woman conceived and bore a son; and when she saw that he was a fine baby, she hid him three months. When she could hide him no longer she got a papyrus basket for him, and plastered it with bitumen and pitch; she put the child in it and placed it among the reeds on the bank of the river. His sister stood at a distance, to see what would happen to him. The daughter of Pharaoh came down to bathe at the river, while her attendants walked beside the river. She saw the basket among the reeds and sent her maid to bring it. When she opened it, she saw the child. He was crying, and she took pity on him, "This must be one of the Hebrews' children," she said. Then his sister said to Pharaoh's daughter, "Shall I go and get you a nurse from the Hebrew women to nurse the child for you?" Pharaoh's daughter said to her, "Yes." So the girl went and called the child's mother. Pharaoh's daughter said to her, "Take this child and nurse it for me, and I will give you your wages." So the woman took the child and nursed it. When the child grew up, she brought him to Pharaoh's daughter, and she took him as her son. She named him Moses, "because," she said, "I drew him out of the water."

The word of the Lord.

People

Thanks be to God.

A reading from the Letter of Paul to the Romans

I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God - what is good and acceptable and perfect. For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgment, each according to the measure of faith that God has assigned. For as in one body we have many members, and not all the members have the same function, so we, who are many, are one body in Christ, and individually we are members one of another. We have gifts that differ according to the grace given to us prophecy, in proportion to faith; ministry, in ministering; the teacher, in teaching; the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.

The word of the Lord.

People

Thanks be to God.

The Lord be with you

People

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Matthew

People

Glory to you, Lord Jesus Christ.

Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, "Who do people say that the Son of Man is?" And they said, "Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets." He said to them, "But who do

you say that I am?" Simon Peter answered, "You are the Messiah, the Son of the living God." And Jesus answered him, "Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven." Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

The Gospel of Christ.

People

Praise to you, Lord Jesus Christ.

The Homily (The Venerable David Selzer)

Affirmation of Faith

The Apostles' Creed

**I believe in God,
the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again
to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

Intercessions and Thanksgivings

(In peace let us pray to the Lord, saying, "Lord, have mercy.")
For peace from on high and for our salvation, let us pray to the Lord.

Lord, have mercy.

For the peace of the whole world, for the welfare of the holy Church of God, and for the unity of all, let us pray to the Lord.

Lord, have mercy.

For our bishops, and for all the clergy and people, let us pray to the Lord.

Lord, have mercy.

For Elizabeth our Queen, for the leaders of the nations, and for all in authority, let us pray to the Lord.

Lord, have mercy.

For this city of Kingston, for every city and community, and for those who live in them in faith, let us pray to the Lord.

Lord, have mercy.

For good weather, and for abundant harvests for all to share, let us pray to the Lord.

Lord, have mercy.

For those who travel by land, water, or air, for the sick and the suffering (especially . . .), for prisoners and captives, and for their safety, health, and salvation, let us pray to the Lord.

Lord, have mercy.

For our deliverance from all affliction, strife, and need, let us pray to the Lord.

Lord, have mercy.

For the absolution and remission of our sins and offences, let us pray to the Lord.

Lord, have mercy.

For all who have died (especially . . .), let us pray to the Lord.

Lord, have mercy.

Remembering St George and all the saints, we commit ourselves, one another, and our whole life to Christ our God.

To you, O Lord.

Almighty God, you have given us grace at this time with one accord to make our common supplications to you, and you have promised through your well-beloved Son that when two or three are gathered together you will hear their requests.

Fulfil now our desires and petitions, as may be best for us, granting us in this world knowledge of your truth, and in the age to come eternal life; for you, Father, are good and loving,

and we glorify you through your Son Jesus Christ our Lord, in the Holy Spirit, now and for ever. **Amen.**

Collect of the Day:

Almighty God, we are taught by your word that all our doings without love are worth nothing. Send your Holy Spirit and pour into our hearts that most excellent gift of love, the true bond of peace and of all virtue; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.
Amen

The Lord's Prayer

Officiant Gathering our prayers and praises into one,
let us pray as our Saviour taught us,
All **Our Father in heaven, hallowed be your name,**
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us. Save us from the time
of trial,
and deliver us from evil.
For the kingdom, the power, and the glory are
yours, now and for ever. Amen.

Dismissal

Officiant Let us bless the Lord.
People **Thanks be to God.**

The officiant concludes with:

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. **Amen.**

Closing Hymn

Smoke soaks the Sanctum, thick and sweet the savour.
So peers the prophet, seeking sacred favour,
seeing with eyes to see foretastes of the victory:
Holy! LORD God of Hosts!

2

One as the Adam sits upon an altar throne.
Fierce, fiery serpents raising praise in piercing tone —
one fate to consummate: keeping watch o'er Eden's gate.
Holy! LORD God of Hosts!

3

Then flies a seraph, coal alight and wings ablaze,
searing the seer, prodding him for proper praise.
Fervid as any spice: purging flame for paradise.
Holy! LORD God of Hosts!

4

Clouds round about me, as I taste the Saviour,
heavenly presence with an earthen flavour.
Open my lips, I pray, touch my tongue that I may say,
'Holy! LORD God of Hosts!'"

5

Praise to the Father, glory to his only Son,
bless'd be the Spirit, ever Three and ever One.
Sing to the Trinity, who was and is and e'er will be:
Holy! LORD God of hosts!

Iste Confessor
Vesperale, (1746)

Giuseppe Gagliano (b. 1988)

Postlude: *Predlue & Fugue* J. Stanley (1712-86)