

# **The Order For Morning Prayer**

**The Book of Alternative Services**

**30 August 2020**

**Thirteenth Sunday after Pentecost**



**St. George's Cathedral, Kingston**

**Prelude:** *Invocation*, Basil Harwood (1859-1949)

## Opening Hymn

At the name of Jesus  
every knee shall bow,  
every tongue confess him  
King of glory now:  
'tis the Father's pleasure  
we should call him Lord,  
who from the beginning  
was the mighty Word.

2

Humbled for a season,  
to receive a name  
from the lips of sinners  
unto whom he came,  
faithfully he bore it  
spotless to the last,  
brought it back victorious,  
when from death he passed:

3

Name him, Christians, name him,  
with love strong as death,  
but with awe and wonder  
and with bated breath:  
he is God the Saviour,  
he is Christ the Lord,  
ever to be worshipped,  
trusted, and adored.

4

Surely, this Lord Jesus  
shall return again,  
with his Father's glory,  
with his angel train;

for all wreaths of empire  
meet upon his brow,  
and our hearts confess him  
King of glory now.

*Evelyns*  
W.H. Monk (1823-89)

Caroline M. Noel \* (1817-1877)

## Morning Prayer

*Officiant* Lord, open our lips,  
*People* **And our mouth shall proclaim your praise.**

*Officiant* O God, make speed to save us.  
*People* **O Lord, make haste to help us.**

*All* **Glory to the Father, and to the Son, and to the  
Holy Spirit: as it was in the beginning, is now,  
and will be for ever. Amen.**  
**Alleluia!**

## The Invitatory

### Venite

O COME, let us sing unto the LORD: / let us heartily rejoice in the strength of our salvation.  
Let us come before his presence with thanksgiving, / and show ourselves glad in him with  
psalms.

For the LORD is a great God, / and a great King above all gods.

In his hand are all the corners of the earth: / and the strength of the hills is his also.

The sea is his, and he made it: / and his hands prepared the dry land.

O COME, let us worship, and fall down, / and kneel before the LORD our Maker.

For he is the Lord our God; / and we are the people of his pasture, and the sheep of his hand.

TO-DAY, O that ye would hear his voice: / 'Harden not your hearts as in the Provocation, and  
as in the day of Temptation in the wilderness;

When your fathers tempted me, / proved me, and saw my works.

Forty years long was I grieved with that generation, and said, / "It is a people that do err in  
their hearts, for they have not known my ways";  
Unto whom I swear in my wrath, / that they should not enter into my rest.'  
GLORY be to the Father, and to the Son, / and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be, / world without end. Amen.

## The Psalm

**Psalm 105.** *Confitemini Domino.*

O GIVE thanks unto the LORD, and call upon his Name; / tell the peoples what things he hath done.

2 O let your songs be of him and praise him; / and let your talking be of all his wondrous works.

3 Rejoice in his holy Name: / let the heart of them rejoice that seek the LORD.

4 Seek the LORD and his strength: / seek his face evermore.

5 Remember the marvellous works that he hath done, / his wonders, and the judgements of his mouth;

6 O ye seed of Abraham his servant, / ye children of Jacob, his chosen.

23 Israel also came Into Egypt, / and Jacob was a stranger in the land of Ham.

24 And the LORD increased his people exceedingly, / and made them stronger than their enemies;

25 Whose heart turned to hate his people, / and to deal deceitfully with his servants.

26 Then sent he Moses his servant, / and Aaron whom he had chosen.

45 Alleluia

## The Office Hymn

Jesus, where'er thy people meet,  
there they behold thy mercy-seat;  
where'er they seek thee thou art found,  
and every place is hallowed ground.

2

For thou, within no walls confined,  
inhabitest the humble mind;  
such ever bring thee when they come,  
and, going, take thee to their home.

3

Dear Shepherd of thy chosen few,  
thy former mercies here renew;  
here to our waiting hearts proclaim  
the sweetness of thy saving name.

4

Here may we prove the power of prayer  
to strengthen faith and sweeten care,  
to teach our faint desires to rise,  
and bring all heaven before our eyes.

5

Lord, we are few, but thou art near;  
nor short thine arm, nor deaf thine ear:  
O rend the heavens, come quickly down,  
and make a thousand hearts thine own!

*Wareham*

W. Knapp (1698-1768)

W. Cowper (1731-1800)

## The Proclamation of the Word

### The Readings

A reading from the Book of Exodus

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. <sup>2</sup>There the angel of the LORD appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. <sup>3</sup>Then Moses said, "I must turn aside and look

at this great sight, and see why the bush is not burned up.”<sup>4</sup>When the LORD saw that he had turned aside to see, God called to him out of the bush, “Moses, Moses!” And he said, “Here I am.”<sup>5</sup>Then he said, “Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground.”<sup>6</sup>He said further, “I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob.” And Moses hid his face, for he was afraid to look at God.<sup>7</sup>Then the LORD said, “I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings,<sup>8</sup> and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites.<sup>9</sup>The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them.<sup>10</sup>So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt.”

<sup>11</sup>But Moses said to God, “Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?”<sup>12</sup>He said, “I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain.”<sup>13</sup>But Moses said to God, “If I come to the Israelites and say to them, ‘The God of your ancestors has sent me to you,’ and they ask me, ‘What is his name?’ what shall I say to them?”<sup>14</sup>God said to Moses, “I AM WHO I AM.” He said further, “Thus you shall say to the Israelites, ‘I AM has sent me to you.’”<sup>15</sup>God also said to Moses, “Thus you shall say to the Israelites, ‘The LORD, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you’: This is my name forever, and this my title for all generations.

The word of the Lord.

*People*

**Thanks be to God.**

## A reading from the Letter of Paul to the Romans

Let love be genuine; hate what is evil, hold fast to what is good; <sup>10</sup>love one another with mutual affection; outdo one another in showing honor. <sup>11</sup>Do not lag in zeal, be ardent in spirit, serve the Lord. <sup>12</sup>Rejoice in hope, be patient in suffering, persevere in prayer. <sup>13</sup>Contribute to the needs of the saints; extend hospitality to strangers. <sup>14</sup>Bless those who persecute you; bless and do not curse them. <sup>15</sup>Rejoice with those who rejoice, weep with those who weep. <sup>16</sup>Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. <sup>17</sup>Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. <sup>18</sup>If it is possible, so far as it depends on you, live peaceably with all. <sup>19</sup>Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, “Vengeance is mine, I will repay, says the Lord.” <sup>20</sup>No, “if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads.” <sup>21</sup>Do not be overcome by evil, but overcome evil with good.

The word of the Lord.

*People*

**Thanks be to God.**

The Lord be with you

*People*

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Matthew

*People*

**Glory to you, Lord Jesus Christ.**

From that time on, Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. <sup>22</sup>And Peter took him aside and began to rebuke him, saying, “God forbid it, Lord! This must never happen to you.” <sup>23</sup>But he turned and said to Peter, “Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things.”

24Then Jesus told his disciples, "If any want to become my followers, let them deny themselves and take up their cross and follow me. 25For those who want to save their life will lose it, and those who lose their life for my sake will find it. 26For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life? 27"For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. 28Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom."

The Gospel of Christ.

*People* **Praise to you, Lord Jesus Christ.**

**The Homily** (The Venerable David Selzer)

## **Affirmation of Faith**

### **The Apostles' Creed**

**I believe in God,  
the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again  
to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

# Intercessions and Thanksgivings

(In peace let us pray to the Lord, saying, "Lord, have mercy.")  
For peace from on high and for our salvation, let us pray to the Lord.

**Lord, have mercy.**

For the peace of the whole world, for the welfare of the holy Church of God, and for the unity of all, let us pray to the Lord.

**Lord, have mercy.**

For our bishops, and for all the clergy and people, let us pray to the Lord.

**Lord, have mercy.**

For Elizabeth our Queen, for the leaders of the nations, and for all in authority, let us pray to the Lord.

**Lord, have mercy.**

For this city of Kingston, for every city and community, and for those who live in them in faith, let us pray to the Lord.

**Lord, have mercy.**

For good weather, and for abundant harvests for all to share, let us pray to the Lord.

**Lord, have mercy.**

For those who travel by land, water, or air, for the sick and the suffering (especially . . . ), for prisoners and captives, and for their safety, health, and salvation, let us pray to the Lord.

**Lord, have mercy.**

For our deliverance from all affliction, strife, and need, let us pray to the Lord.

**Lord, have mercy.**

For the absolution and remission of our sins and offences, let us pray to the Lord.

**Lord, have mercy.**

For all who have died (especially . . . ), let us pray to the Lord.

**Lord, have mercy.**

Remembering St George and all the saints, we commit ourselves, one another, and our whole life to Christ our God.

**To you, O Lord.**

Almighty God, you have given us grace at this time with one accord to make our common supplications to you, and you have promised through your well-beloved Son that when two or three are gathered together you will hear their requests.

Fulfil now our desires and petitions, as may be best for us, granting us in this world knowledge of your truth, and in the age to come eternal life; for you, Father, are good and loving,

and we glorify you through your Son Jesus Christ our Lord, in the Holy Spirit, now and for ever. **Amen.**

## **Collect of the Day:**

Almighty God, we are taught by your word that all our doings without love are worth nothing. Send your Holy Spirit and pour into our hearts that most excellent gift of love, the true bond of peace and of all virtue; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.  
**Amen**

## **The Lord's Prayer**

*Officiant* Gathering our prayers and praises into one,  
**let us pray as our Saviour taught us,**  
*All* **Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us. Save us from the time  
of trial,  
and deliver us from evil.  
For the kingdom, the power, and the glory are  
yours, now and for ever. Amen.**

## **Dismissal**

*Officiant* Let us bless the Lord.  
*People* **Thanks be to God.**

*The officiant concludes with:*

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. **Amen.**

## **Closing Hymn**

Take up thy cross, the Saviour said,  
if thou wouldst my disciple be;  
deny thyself, the world forsake,  
and humbly follow after me.

2

Take up thy cross: let not its weight  
fill thy weak spirit with alarm;  
his strength shall bear thy spirit up,  
and brace thy heart, and nerve thine arm.

3

Take up thy cross, nor heed the shame,  
nor let thy foolish pride rebel:  
thy Lord for thee the cross endured,  
to save thy soul from death and hell.

4

Take up thy cross then in his strength,  
and calmly every danger brave;  
'twill guide thee to a better home,  
and lead to victory o'er the grave.

5

Take up thy cross, and follow Christ,  
nor think till death to lay it down;  
for only they who bear the cross  
may hope to wear the glorious crown.

6

To thee, great Lord, the One in Three,  
all praise for evermore ascend:  
O grant us in our home to see  
the heavenly life that knows no end.

*Breslau*

German traditional melody, harmony  
probably by W.H. Monk (1823-89)

C.W. Everest (1814-1877)

**Postlude:** *Diapason Movement*, Basil Harwood (1859-1949)