



February 16, 2020 8:00am

The Sixth Sunday after Epiphany

Welcome



We are delighted that you are with us for worship today.

If you are new to the Cathedral and would like to be contacted, please fill out the blue and white card in the pew. You may place it on the Offertory plate or give it to the clergy. Every person who is baptized is invited to the Lord's Table to receive Holy Communion with us. Gluten-free wafers are available. Please ask at the altar rail. We also ask that you refrain from dipping your wafers into the wine. All people are welcome to come to the altar at the time of Communion. Cross your arms to indicate a prayer of blessing if you do not wish to receive Communion.

Celebrant: The Venerable John Robertson, Honorary Associate
Preacher: The Very Reverend Don Davidson

Fifth Sunday after the Epiphany

The Collect of the Day

Living One, in whose freedom creation was born as a gift: free us from the need to possess, define and silence others, so that we might rejoice in the strangeness of your beauty revealed in flesh and blood; through Jesus Christ, our reconciliation. **Amen**

The Proclamation of the Word

Reading from the Book of Deuteronomy 30:15-20

Derek Falkner

See, I have set before you today life and prosperity, death and adversity. If you obey the commandments of the Lord your God that I am commanding you today, by loving the Lord your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the Lord your God will bless you in the land that you are entering to possess. But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, loving the Lord your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the Lord swore to give to your ancestors, to Abraham, to Isaac, and to Jacob.

Reader: The word of the Lord

People: Thanks be to God

Psalm 119:1-8

¹ Blessed are those that are undefiled in the way / and walk in the law of the LORD.

² Blessed are they that keep his testimonies / and seek him with their whole heart;

³ Even they that do no wickedness / but walk in his ways.

⁴ Thou hast ordained thy precepts / that we should diligently keep them.

⁵ O that my ways were made so direct / that I might keep thy statutes!

⁶ So shall I not be confounded / while I have respect unto all thy commandments.

⁷ I will thank thee with an unfeigned heart / when I shall have learned the judgements of thy righteousness.

⁸ I will keep thy statutes / O forsake me not utterly.

A Reading from the First Letter of Paul to the Corinthians 3:1-9

Derek Falkner

And so, brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, for you are still of the flesh. For as long as there is jealousy and quarrelling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, "I belong to Paul," and another, "I belong to Apollos," are you not merely human?

What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labour of each. For we are God's servants, working together; you are God's field, God's building.

Reader: The Word of the Lord

People: Thanks be to God

Please stand for the Gospel.

Gospeller The Lord be with you

People: And with thy Spirit

The Holy Gospel of our Lord Jesus Christ According to Matthew 5:21-37

People: Glory be to Thee, O Lord

Jesus said, "You have heard that it was said to those of ancient times, 'You shall not murder'; and 'whoever murders shall be liable to judgement.' But I say to you that if you are angry with a brother or sister, you will be liable to judgement; and if you insult a brother or sister, you will be liable to the council; and if you say, 'You fool,' you will be liable to the hell of fire. So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. Truly I tell you, you will never get out until you have paid the last penny.

"You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell. "It was also said, 'Whoever divorces his wife, let him give her a certificate of divorce.' But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery.

"Again, you have heard that it was said to those of ancient times, 'You shall not swear falsely, but carry out the vows you have made to the Lord.' But I say to you, Do not swear at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not swear by your head, for you cannot make one hair white or black. Let your word be 'Yes, Yes' or 'No, No'; anything more than this comes from

the evil one.

Gospeller: The Gospel of Christ

People: Praise be to Thee, O Christ

The people are seated at the invitation of the preacher.

The Sermon:

Dean Davidson

Personal requests may be placed in the prayer basket on the altar for this Sunday. For continuing prayers, names may be left at the office for the Prayer Fellowship.

Prayer List: for the Very Rev. Sharon Murdoch; the Ven. Michael Caswell; Vilma Gordon; John Bate; Lynda Redmond; Kathy Worton; Alethea; Kathy Anderson; Ayda Papazyan; Harry Cleghorn; John Weatherall; Dee Padfield; Veronica Poland; Diana Davis Duerkop; Margaret Milner; for those on our prayer chain; for all those serving in the Canadian Forces at home and overseas; and for those facing medical procedures.

ANNOUNCEMENTS

Assistive Listening Devices (ALDs) are available. Please ask the sides people if you would like to use one. Look for the red lanyards.

2020 Offering Envelopes - For members who have not already collected their box of offering envelopes for 2020 please contact Marg in the church office.

The Children's and Teen Choirs will sing the National Anthem at the Frontenacs hockey game at the Leon's Centre on **Monday February 17th (Family Day) at 2pm**, and you're invited! Tickets are just \$12 each (reduced from \$25), and are available following the service today or in the Cathedral Office. Come along to cheer on the Choirs and the Frontenacs!

The Cathedral Children's Choir will sing in the Kiwanis Music Festival on Thursday 20 February at 6:45pm at The Spire (82 Sydenham St).

Parish Council meeting will take place on **Tuesday February 18th at 5:00pm** in the Library.

St. George's Annual Pancake Supper will be held on **Tuesday February 25 at 5:30pm to 7:00pm** in the Great Hall. Enjoy pancakes, sausages (including gluten free) and more! Adults \$10.00, families \$25.00. We require volunteers to help with set up and clean up, and serving. Also a 'Satelite Station' will be set up in the Library (for those who cannot manage the stairs).

Ash Wednesday services at St. George's will be held on **Wednesday February 26** at 12:30 noon and 7:00pm.

Melos Annual Fundraiser 'Cloister to Carnival' will be held at St. George's on **Friday February 28 at 7:00pm** consisting of music from the 12th-18th C, along with wine, cheese and a Silent Auction. Tickets \$40, available at Cathedral office.

Canadian Arabic Orchestra, "Flamenco Arabia Festival of Music" will present a concert on **Saturday February 29 at 7:30pm** in St. George's, an Arabic Andalusion fusion of music blending beautiful Spanish sounds of Andalusia with contemporary Arabian music, consists of guitar performance with professional Flamenco dancers. Further information can be viewed at <https://Canadianarabicorchestra.ca/event/flamenco-arabic-kingston> Tickets available on line, and at Cathedral office.

Readings for Sunday, February 23, Last Sunday after the Epiphany
Exodus 24:12-18; Psalm 2; 2 Peter 1:16-21; Matthew 17:1-9

Upcoming at the Cathedral

Today, Sunday Feb. 16 4:00pm Contemplative Celtic Eucharist
Speaker: Derek Falkner
Meryem Crocket, piano; Douglas Handforth, viola

Wednesday, Feb. 19, 12:15 Eucharist, in the Lady Chapel

Thursday, Feb. 20, 10:30 Healing Eucharist, in the Lady Chapel

Friday, Feb. 21, 12:00 Coventry Litany of Reconciliation, Cathedral steps

Sunday, Feb. 23 8:00am Holy Eucharist, **10:30am** Choral Eucharist,

Sunday Feb. 23, 4:00pm Choral Evensong and
Black Ring Ceremony Presentation