

THE ORDER FOR
MORNING PRAYER
IN ST. GEORGE'S CATHEDRAL, KINGSTON
FOR SUNDAY July 19, 2020 (THE SEVENTH SUNDAY AFTER PENTECOST)
ACCORDING TO THE RITE OF THE ANGLICAN CHURCH
IN THE PROVINCE OF SOUTHERN AFRICA

Prelude: *Air and Gavotte*, Samuel Sebastian Wesley 1766-1827

Opening Hymn:

Awake, my soul, and with the sun
thy daily stage of duty run;
shake off dull sloth, and joyful rise
to pay thy morning sacrifice.

2

Redeem thy mis-spent time that's past,
and live this day as if thy last;
improve thy talent with due care;
for the great day thyself prepare.

3

Let all thy converse be sincere,
thy conscience as the noon-day clear;
think how all-seeing God thy ways
and all thy secret thoughts surveys.

4

Wake, and lift up thyself, my heart,
and with the angels bear thy part,
who all night long unwearied sing
high praise to the eternal King.

5

Praise God, from whom all blessings flow,
praise him, all creatures here below,
praise him above, angelic host,
praise Father, Son, and Holy Ghost.

Morning Hymn
François H. Barthélemon 1741-1808

Thomas Ken 1637-1711

Priest: In the name of God, Father, Son and Holy Spirit

People: **Amen.**

Priest: We have come together as the family of God in our Father's presence to offer God praise and thanksgiving to hear and receive God's Holy word to bring before

God the needs of the world and to ask forgiveness for our sins and to seek God's grace that through Jesus Christ we may give ourselves to God's service.

Priest: Victory is ours through Him who loved us. Alleluia!

People: **Let us worship and praise our God. Alleluia!**

Priest: O Lord, open our lips

People: **That we may glorify and praise your name.**

Priest: Glory to the Father, and to the Son, and to the Holy Spirit.

People: **As it was in the beginning, is now, and will be forever. Amen. Praise the Lord. Alleluia!**

OPENING CANTICLE: O COME LET US SING

1. O come let us sing out to the Lord: Let us shout triumph to the rock of our salvation.
 2. Let us come before his face with thanksgiving: and cry out to him joyfully in Psalms.
 3. For the Lord is a great God: and a great king above all Gods.
 4. In his hand are the depths of the earth: and the peaks of the mountains are his also.
 5. The sea is his and he made it: his hands moulded dry land.
 6. Come let us worship and bow down: and kneel before the Lord our maker.
 7. For he is the Lord our God: we are his people and the sheep of his pasture.
 8. If only you would hear his voice today: for he comes, he comes to judge the earth.
 9. He shall judge the world with righteousness: and the peoples with his truth
- Glory to the Father and to the Son: and to the Holy Spirit
As it was in the beginning: is now and will be for ever. Amen.

PENITENCE

Priest: Let us call to mind and confess our sins.

People: **Almighty God, our heavenly Father in penitence we confess that we have sinned against you through our own fault in thought, word and deed and in what we have left undone. For the sake of your Son, Christ our Lord forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen.**

Priest: Almighty God have mercy on you, forgive you your sins and keep you in eternal life; through Jesus Christ our Lord. Amen..

The Psalm: 139 *Domine, probasti*

- 1 Lord, you have searched me out * and known me.
- 2 You know my sitting down and my rising up; * you discern my thoughts from afar.
- 3 You trace my journeys and my resting-places * and are acquainted with all my ways.
- 4 Indeed, there is not a word on my lips, * but you, O Lord, know it altogether.

- 5 You press upon me behind and before * and lay your hand upon me.
6 Such knowledge is too wonderful for me; * it is so high that I cannot attain to it.
7 Where can I go then from your Spirit? * Where can I flee from your presence?
8 If I climb up to heaven, you are there; *if I make the grave my bed, you are there also.
9 If I take the wings of the morning *
and dwell in the uttermost parts of the sea,
10 even there your hand will lead me *
and your mighty hand hold me fast.
11 If I say, "Surely the darkness will cover me, * and the light around me turn to night."
Priest: Glory to the Father, and to the Son, and to the Holy Spirit.

People: **As it was in the beginning, is now, and will be forever. Amen. Praise the Lord.
Alleluia!**

The Readings

Lector: A reading from the book of Genesis.

Jacob left Beer-sheba and went towards Haran. He came to a certain place and stayed there for the night, because the sun had set. Taking one of the stones of the place, he put it under his head and lay down in that place. And he dreamed that there was a ladder set up on the earth, the top of it reaching to heaven; and the angels of God were ascending and descending on it. And the Lord stood beside him and said, 'I am the Lord, the God of Abraham your father and the God of Isaac; the land on which you lie I will give to you and to your offspring; and your offspring shall be like the dust of the earth, and you shall spread abroad to the west and to the east and to the north and to the south; and all the families of the earth shall be blessed in you and in your offspring. Know that I am with you and will keep you wherever you go, and will bring you back to this land; for I will not leave you until I have done what I have promised you.' Then Jacob woke from his sleep and said, 'Surely the Lord is in this place—and I did not know it!' And he was afraid, and said, 'How awesome is this place! This is none other than the house of God, and this is the gate of heaven.'

So Jacob rose early in the morning, and he took the stone that he had put under his head and set it up for a pillar and poured oil on the top of it. He called that place Bethel; but the name of the city was Luz at the first.

Lector: Hear what the Spirit is saying to the Church.

People: **Thanks be to God.**

THE SECOND CANTICLE: The Song of Zechariah

1. *Blessed be the Lord the God of Israel: For he has come to his people and set them free.*
2. *He has raised up for us a mighty saviour: Born of the house of his servant David.*

3. *Through his holy prophets he promised of old: that he would save us from our enemies from the hands of all that hate us.*
4. *He promised to show mercy to our forebears: and to remember his holy covenant.*
5. *This was the oath that he swore to our father Abraham: to set us free from the hands of our enemies.*
6. *Free to worship him without fear: holy and righteous in his sight all the days of our life.*
7. *You my child shall be called the prophet of the Most High: for you will go before the Lord to prepare his way.*
8. *To give his people knowledge of salvation: by the forgiveness of their sins.*
9. *In the tender compassion of our God: the dawn from on high shall break upon us.*
10. *To shine upon those who dwell in darkness and the shadow of death: and to guide our feet into the way of peace.*

Glory to the Father and to the Son: and to the Holy Spirit

As it was in the beginning: is now and will be for ever. Amen.

Lector: *A reading from the letter to the church at Rome.*

So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh— for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, ‘Abba! Father!’ it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ—if, in fact, we suffer with him so that we may also be glorified with him.

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

Lector: Hear what the Spirit is saying to the Church.

People: **Thanks be to God.**

THE GOSPEL CANTICLE: THE SONG OF THE CHURCH (*Te Deum*)

1. We praise you, O God: we acclaim you as Lord.
2. All creation worships you: the Father everlasting.

3. To you all angels the powers of heaven: Cherubim and Seraphim sing in endless praise.
4. Holy holy holy Lord God of power and might: heaven and earth are full of your glory.
5. The glorious company of the apostles praise you: the noble fellowship of prophets praise you the white-robed army of martyrs praise you.
6. Throughout the world the Holy Church acclaim you: Father of majesty unbounded.
7. Your true and only Son worthy of worship: and the Holy Spirit advocate and guide
8. You Christ are the King of Glory: the eternal son of the Father.
9. When you became human to set us free: you humbly chose the Virgin's womb.
10. You overcame the sting of death: and opened the Kingdom of Heaven to all believers.
11. You are seated at God's right hand in glory: we believe that you will come to be our judge.
12. Come then Lord and help your people: bought with the price of your own blood.
13. And bring us with your saints: to glory everlasting.
14. Save your people, Lord and bless your inheritance: govern and uphold them now and always.
15. Day by day we bless you: we praise your name for ever.
16. Keep us today Lord from all sin: Have mercy on us Lord, have mercy.
17. Lord show us your love and mercy: for we put our trust in you.
18. In you Lord is our hope: let us never be put to shame.

Deacon: The Lord be with you

People: And also with you .

Deacon: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: **Glory to you, Lord Jesus Christ.**

He put before them another parable: 'The kingdom of heaven may be compared to someone who sowed good seed in his field; but while everybody was asleep, an enemy came and sowed weeds among the wheat, and then went away. So when the plants came up and bore grain, then the weeds appeared as well. And the slaves of the householder came and said to him, "Master, did you not sow good seed in your field? Where, then, did these weeds come from?" He answered, "An enemy has done this." The slaves said to him, "Then do you want us to go and gather them?" But he replied, "No; for in gathering the weeds you would uproot the wheat along with them. Let both of them grow together until the harvest; and at harvest time I will tell the reapers, Collect the weeds first and bind them in bundles to be burned, but gather the wheat into my barn." '

Then he left the crowds and went into the house. And his disciples approached him, saying, 'Explain to us the parable of the weeds of the field.' He answered, 'The one who sows the good seed is the Son of Man; the field is the world, and the good seed are the children of the kingdom; the weeds are the children of the evil one, and the enemy who sowed them is the devil; the harvest is the end of the age, and the reapers are angels. Just as the weeds are collected and burned up with fire, so will it be at the end of the age. The Son of Man will send his angels, and they will collect out of his kingdom all causes of sin and all evildoers, and they will throw them into the furnace of fire, where there will be weeping and gnashing of teeth. Then the righteous will shine like the sun in the kingdom of their Father. Let anyone with ears listen!

Deacon: The Gospel of Christ.
People: Praise to you, Lord Jesus Christ.

THE HOMILY: The Very Rev. Donald Davidson

Anthem:

God be in my head, and in my understanding;
God be in mine eyes, and in my looking;
God be in my mouth, and in my speaking;
God be in mine heart, and in my thinking;
God be at my end, and in my departing.

John Rutter

Words from the Sarum Primer 1514

Hymn:

Jacob's ladder

As Jacob with travel was weary one day,
at night on a stone for a pillow he lay;
he saw in a vision a ladder so high
that its foot was on earth and its top in the sky:
*Alleluya to Jesus who died on the tree,
and has raised up a ladder of mercy for me!*

2

This ladder is long, it is strong and well-made,
has stood hundreds of years and is not yet decayed;
many millions have climbed it and reached Sion's hill;
and thousands by faith are climbing it still:

3

Come let us ascend! all may climb it who will;
for the angels of Jacob are guarding it still:
and remember, each step that by faith we pass o'er,
some prophet or martyr has trod it before:

4

And when we arrive at the haven of rest
we shall hear the glad words, 'Come up hither, ye blest,
here are regions of light, here are mansions of bliss'.
O who would not climb such a ladder as this?

Jacob's Ladder

18th c. English Carol Melody

18th century

Affirmation of Faith

The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.

On the third day he rose again;

he ascended into heaven,

he is seated at the right hand of the Father,

and he will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Priest: Let us pray
Lord have mercy upon us.

People: **Christ, Have mercy upon us.**

Priest: Lord have mercy upon us.

People: **Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

Priest: Show us your mercy, O Lord.

People: **And grant us your salvation.**

Priest: O Lord, be gracious to our land.

People: **And mercifully hear us when we call upon you.**

Priest: O Lord, make your ways known upon the earth.

People: **Let all nations acknowledge your saving power.**

Priest: Give your people the blessing of peace.

People: **And let your glory be over all the world.**

Priest: Make our hearts clean, O God.

People: **And renew a right spirit within us.**

Priest O God of Jacob,
you speak in the light of day
and in the dark of night
when our sleeping is filled
with dreams of heaven and earth;
may we be open and watchful
to your presence in our midst;
through Jesus Christ, your dream made flesh.

People: **Amen.**

Priest O God, the author of peace and lover of concord to know you is eternal life to serve you is perfect freedom: defend us your servants from all assaults of our enemies that we may trust in your defence and not fear the power of any adversaries; through Jesus Christ our Lord.

People: **Amen.**

Priest Eternal God and Father by whose power we are created and by whose love we are redeemed: guide and strengthen us by your Spirit that we may give ourselves to your service and live this day in love for you and one another; through Jesus Christ our Lord.

People: **Amen.**

People: **Blessing and honour and thanksgiving and praise more than we can utter more than we can understand be to you, O holy and glorious Trinity Father, Son and holy Spirit from all angels all people all creatures for ever and ever. Amen.**

People: **God of all power, we acclaim you Lord of all grace, we worship you we are not worthy of you yet your goodness makes us praise you and give you thanks. WE praise you for the life you have given us and for all the blessings we have received at your hands. Above all, we give you thanks for your Son Jesus Christ for the grace and hope which his death and resurrection have brought to us. We ask this of you, our Father that we may never forget your goodness to us and that we may show our thankfulness not only in words but in the service of our lives both now and in all eternity. Amen.**

People: **Heavenly Father your Son has promised that whenever we pray in his name you will hear us: answer our prayers as may be best for us granting us in this world the knowledge of your truth and in the world to come the fullness of eternal life; through Jesus Christ our Lord. Amen.**

The Pastoral Blessing

Priest May the Lord bless you and watch over you. May the Lord make his face shine on you and be gracious to you. May the Lord look kindly on you and give you

peace. And the blessing of God Almighty, the Father+, the Son+ and the Holy Spirit+. Be with you and abide with you always.

People: **Amen.**

Deacon: May the risen Christ grant us the joy of eternal life. Let us Bless the Lord.
Alleluia!

People: **Thanks be to God! Alleluia!**

Hymn:

Lord of all hopefulness, Lord of all joy,
whose trust, ever childlike, no cares could destroy,
be there at our waking, and give us, we pray,
your bliss in our hearts, Lord, at the break of the day.

2

Lord of all eagerness, Lord of all faith,
whose strong hands were skilled at the plane and the lathe,
be there at our labours, and give us, we pray,
your strength in our hearts, Lord, at the noon of the day.

3

Lord of all kindness, Lord of all grace,
your hands swift to welcome, your arms to embrace,
be there at our homing, and give us, we pray,
your love in our hearts, Lord, at the eve of the day.

4

Lord of all gentleness, Lord of all calm,
whose voice is contentment, whose presence is balm,
be there at our sleeping, and give us, we pray,
your peace in our hearts, Lord, at the end of the day.

Slane
Irish Traditional Melody

Jan Struther 1901-53

Postlude: Trumpet Voluntary, John Stanley 1712-86