

Sung Eucharist

The Book of Alternative Services



13 December 2020
Third Sunday of Advent
11:00am



St. George's Cathedral, Kingston

Setting: Missa De Angelis

Prelude: *Nun komm, der Heiden Heiland* N. Vetter

Advent Introit *Verbum supernum prodiens*

O heavenly Word of God on high,
Whose love has brought salvation nigh,
And from the Father's heart didst come
To save a race by sin undone.

Our minds enlighten from above,
And kindle with the fire of love,
That as we hear thy gospel read,
All sinful thoughts may flee in dread.

So, when thou comest at the last,
And earth's long history is past,

May we be set at thy right hand,
And with thine own in glory stand.

Grant thou thy gifts of grace below,
In heaven an endless joy bestow,
Who art our sole and sovereign Lord,
The saving judge, and saints' reward.

All praise, eternal Son, to thee,
Whose advent sets thy people free,
Whom with the Father we adore,
And Spirit blest, for evermore. Amen.

Verbum Supernum

Mode vii melody as in the

Mechlin *Antiphonarium Romanum* 1838

The Gathering of the Community

All stand. The presiding celebrant greets the community

Celebrant The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit, be with you all.
People **And with thy spirit.**

Then may be said by the celebrant alone or with the people,

**Almighty God,
unto whom all hearts be open, all desires known,
and from whom no secrets are hid: cleanse the thoughts of
our hearts by the inspiration of thy Holy Spirit, that we
may perfectly love thee,
and worthily magnify thy holy name; through Christ our Lord.
Amen.**

The Summary of the Law

Celebrant Our Lord Jesus Christ said: hear, O Israel, the Lord our God is one Lord;
and thou shalt love the Lord thy God with all thy heart, and with all thy
soul, and with all thy mind, and with all thy strength.

This is the first and great commandment. And the second is like unto it: thou shalt love thy neighbour as thyself. On these two commandments hang all the law and the prophets.

People **Lord, have mercy upon us, and write both these thy laws in our hearts, we beseech thee.**

Kyrie

Chorister Kyrie Eleison, Christe Eleison, Kyrie Eleison
(Lord have mercy, Christ have mercy, Lord have mercy)

The Collect of the Day

God of light, who sent the Baptist to offer hope and to face the world's scorn; open our ears to hear the cries from the margins, exposing our fears, sharpening our vision and calling us to faith; through Jesus Christ, the one who is to come. **Amen.**

The Proclamation of the Word

The Readings (Connie Gardiner)

Reader A reading from the Book of the Prophet Isaiah 61:1-4,8-11

The spirit of the Lord God is upon me, because the Lord has anointed me; he has sent me to bring good news to the oppressed, to bind up the brokenhearted, to proclaim liberty to the captives, and release to the prisoners; to proclaim the year of the Lord's favour, and the day of vengeance of our God; to comfort all who mourn; to provide for those who mourn in Zion - to give them a garland instead of ashes, the oil of gladness instead of mourning, the mantle of praise instead of a faint spirit. They will be called oaks of righteousness, the planting of the Lord, to display his glory. They shall build up the ancient ruins, they shall raise up the former devastations; they shall repair the ruined cities, the devastations of many generations. For I the Lord love justice, I hate robbery and wrongdoing; I will faithfully give them their recompense, and I will make an everlasting covenant with them. Their descendants shall be known among the nations, and their offspring among the peoples; all who see them shall acknowledge that they are a people whom the Lord has blessed. I will greatly rejoice in the Lord, my whole being shall exult in my God; for he has clothed me with the garments of salvation, he has covered me with the robe of righteousness, as a bridegroom decks himself with a garland, and as a bride adorns herself with her jewels. For as the earth brings forth its shoots, and as a garden causes what is sown in it to spring up, so the Lord God will cause righteousness and praise to spring up before all the nations.

At the conclusion of the passage, the reader says,

The word of the Lord.

People **Thanks be to God.**

Psalm 126

¹ When the LORD restored the fortunes of Sion, / then were we like unto them that dream.

² Then was our mouth filled with laughter, / and our tongue with joy.

³ Then said they among the nations, / 'The LORD hath done great things for them.'

⁴ Yea, the LORD hath done great things for us already; / whereof we rejoice.

⁵ Restore our fortunes, O LORD, / as the rivers in the South.

⁶ They that sow in tears / shall reap in joy.

⁷ He that now goeth on his way weeping, and beareth forth his seed, / shall doubtless come again with joy, and bring his sheaves with him.

Reader A reading from the First Letter of Paul to the Thessalonians 5:16-24
Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. Do not quench the Spirit. Do not despise the words of prophets, but test everything; hold fast to what is good; abstain from every form of evil. May the God of peace himself sanctify you entirely; and may your spirit and soul and body be kept sound and blameless at the coming of our Lord Jesus Christ. The one who calls you is faithful, and he will do this.

At the conclusion of the passage, the reader says,

The word of the Lord.

People **Thanks be to God.**

Reader The Lord be with you.

People **And with thy spirit.**

Reader The Holy Gospel of our Lord Jesus Christ according to John

People **Glory be to thee, O Lord.**

There was a man sent from God, whose name was John. He came as a witness to testify to the light, so that all might believe through him. He himself was not the light, but he came to testify to the light.

This is the testimony given by John when the Jews sent priests and Levites from Jerusalem to ask him, 'Who are you?' He confessed and did not deny it, but confessed, 'I am not the Messiah.' And they asked him, 'What then? Are you Elijah?' He said, 'I am not.' 'Are you the prophet?' He answered, 'No.' Then they said to him, 'Who are you? Let us have an answer for those who sent us. What do you say about yourself?' He said, 'I am the voice of one crying out in the wilderness, "Make straight the way of the Lord" ', as the prophet Isaiah said.

Now they had been sent from the Pharisees. They asked him, 'Why then are you baptizing if you are neither the Messiah, nor Elijah, nor the prophet?' John answered them, 'I baptize with water. Among you stands one whom you do not know, the one who is coming after me; I am not worthy to untie the thong of his sandal.' This took place in Bethany across the Jordan where John was baptizing.

The Gospel of Christ.

People **Praise be to thee, O Christ.**

Sermon – The Venerable David Selzer

The Nicene Creed

I believe in one God, the Father almighty,
maker of heaven and earth,
and of all things visible and invisible;
And in one Lord Jesus Christ,
the only-begotten Son of God,
begotten of the Father before all worlds,
God, of God; Light, of Light;
very God, of very God; begotten, not made;
being of one substance with the Father;
through whom all things were made:
who for us and for our salvation
came down from heaven,
and was incarnate by the Holy Ghost of the Virgin Mary,
and was made man,
and was crucified also for us under Pontius Pilate.
He suffered and was buried,
and the third day he rose again
according to the scriptures,
and ascended into heaven,
and sitteth on the right hand of the Father.
And he shall come again with glory
to judge both the quick and the dead:
whose kingdom shall have no end.
And I believe in the Holy Ghost,
the Lord, the giver of life,
who proceedeth from the Father and the Son,
who with the Father and the Son together
is worshipped and glorified,
who spake by the prophets.
And I believe one, holy, catholic, and apostolic Church.
I acknowledge one baptism for the remission of sins.
And I look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People (Aveleigh Kyle)

Leader In peace let us pray to the Lord.

People **Lord, have mercy.**

Leader For peace from on high
and for our salvation, let us pray to the Lord.

People **Lord, have mercy.**

Leader For the peace of the whole world,
for the welfare of the holy Church of God, and for the unity of all,

let us pray to the Lord.

People

Lord, have mercy.

Leader

For our bishops,

and for all the clergy and people, let us pray to the Lord.

People

Lord, have mercy.

Leader

For Elizabeth our Queen,

for the leaders of the nations, and for all in authority,

let us pray to the Lord.

People

Lord, have mercy.

Leader

For this city of Kingston,

for every city and community,

and for those who live in them in faith, let us pray to the Lord.

People

Lord, have mercy.

Leader

For good weather,

and for abundant harvests for all to share, let us pray to the Lord.

People

Lord, have mercy.

Leader

For those who travel by land, water, or air, for the sick and the

suffering (especially . . .) for prisoners and captives,

and for their safety, health, and salvation, let us pray to the Lord.

People

Lord, have mercy.

Leader

For our deliverance from all affliction, strife, and need,

let us pray to the Lord.

People

Lord, have mercy.

Leader

For the absolution and remission of our sins and

offences,

let us pray to the Lord.

People

Lord, have mercy.

Leader

For all who have died (especially . . .) let us pray to the Lord.

People

Lord, have mercy.

Leader

Remembering St George, and all the saints, we commit

ourselves, one another, and our whole life to Christ our God.

People

To thee, O Lord.

Leader

Almighty God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy name thou wilt hear their requests: fulfil now, O Lord, the desires and petitions of thy servants as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting; for thou, Father, art good and loving, and we glorify thee through thy Son Jesus Christ our Lord, in the Holy Spirit, now and for ever.

People

Amen.

Confession and Absolution

A confession of sin may be made here if a penitential rite has not been used earlier, or if penitential intercessions were not used in the Prayers of the People. The celebrant or other person may say one or more of the following:

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him.

Come unto me all that labour and are heavy laden, and I will refresh you.
Matthew 1.28

God so loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have eternal life. *John 3.16*

Hear also what Saint Paul saith.

This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to save sinners. *1 Timothy 1.15*

Hear also what Saint John saith.

If anyone sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins: and not for ours only, but also for the sins of the whole world. *1 John 2.1,2*

Then shall be said:

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: draw near with faith, and take this holy sacrament to your comfort; and make your humble confession to almighty God.

Silence is kept. The celebrant and people say together,

Almighty God, Father of our Lord Jesus Christ, Maker of all things and judge of all people: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word and deed, Against thy divine majesty. We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy name; Through Jesus Christ our Lord. Amen.

Celebrant Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen**

The Peace

All stand, and the presiding celebrant addresses the people.

The peace of the Lord be always with you.

People

And also with you.

Offertory Hymn (please stay seated while the Choristers sing)

On Jordan's bank the Baptist's cry
announces that the Lord is nigh;
awake and hearken, for he brings
glad tidings from the King of kings.

2 Then cleansed be every breast from sin;
make straight the way for God within;
prepare we in our hearts a home,
where such a mighty guest may come.

3 For thou art our salvation, Lord,
our refuge and our great reward;

without thy grace we waste away,
like flowers that wither and decay.

4 To heal the sick stretch out thine hand,
and bid the fallen sinner stand;
shine forth, and let thy light restore
earth's own true loveliness once more.

5 All praise, eternal Son, to thee
whose advent sets thy people free,
whom with the Father we adore,
and Holy Ghost for evermore.

Winchester New

C. Coffin 1676-1749

tr. J. Chandler 1806-76

Adapted from Musicalisches

Hand-Buch (Hamburg, 1690)

Prayer Over the Gifts

The Celebration of the Eucharist

Eucharistic Prayer A

Celebrant The Lord be with you.

People **And with thy spirit.**

Celebrant Lift up your hearts.

People **We lift them up unto the Lord.**

Celebrant Let us give thanks unto our Lord God.

People **It is meet and right so to do.**

Celebrant It is very meet, right, and our bounden duty, that we should at all times,
and in all places, give thanks unto thee, O Lord, holy Father, almighty,
everlasting God, creator and preserver of all things.

Here follows the Proper Preface

Celebrant Therefore with angels and archangels, and with all the company of
heaven, we laud and magnify thy glorious name; evermore praising thee
and saying:

Chorister Holy, holy, holy, Lord God of Hosts, heaven and earth are full of thy
glory. Glory be to thee, O Lord most high.

Celebrant Blessed is he that cometh in the name of the Lord: Hosanna in the highest. Blessing and glory and thanksgiving be unto thee, almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood;

who, in the same night that he was betrayed, took bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, "Take, eat; this is my body which is given for you: Do this in remembrance of me."

Likewise after supper he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all, of this; for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy bread of eternal life and the cup of everlasting salvation, the memorial which he hath commanded:

All **We praise thee, we bless thee, we thank thee, and we pray to thee, Lord our God.**

Celebrant And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. **Amen.**

The Lord's Prayer

Celebrant And now, as our Saviour Christ hath taught us, we are bold to say:

All **Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, the power, and the
glory, for ever and ever. Amen.**

Silence

The Breaking of the Bread

Then the celebrant breaks the consecrated bread. Then may be said,

All **We do not presume to come to this thy table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the flesh of thy dear Son Jesus Christ, And to drink his blood, That we may evermore dwell in him, And he in us. Amen.**

Agnus Dei

Chorister O Lamb of God, that takest away the sin of the world: have mercy upon us.
O Lamb of God, that takest away the sin of the world: have mercy upon us.
O Lamb of God, that takest away the sin of the world: grant us thy peace.

The Communion

The celebrant and people receive the communion in one kind only. At the distribution the minister says to each communicant,

The body of our Lord Jesus Christ, which was given for thee (preserve thy body and soul unto everlasting life: take and eat this in remembrance that Christ died for thee, and feed on him in thy heart by faith with thanksgiving).

The communicant responds each time, Amen.

Prayer after Communion

Celebrant Let us pray.

All Almighty and everliving God, We most heartily thank thee That thou dost graciously feed us, in these holy mysteries, With the spiritual food of the most precious body and blood Of thy Son our Saviour Jesus Christ; Assuring us thereby of thy favour and goodness towards us; And that we are living members of his mystical Body, Which is the blessed company of all faithful people; And are also heirs through hope of thy everlasting kingdom.

And here we offer and present unto thee, O Lord, Ourselves, our souls and bodies, To be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, Yet we beseech thee to accept this our bounden duty and service, Not weighing our merits, but pardoning our offences; Through Jesus Christ our Lord, To whom, with thee and the Holy Spirit, be all honour and glory, World without end. Amen.

The celebrant may bless the people.

Celebrant The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God almighty, the Father, the Son, and the Holy Spirit be amongst you and remain with you always. **Amen.**

Dismissal

The celebrant may bless the people. The deacon, or other leader, dismisses the people, saying in these or similar words,

Leader Go in peace to love and serve the Lord.

People **Thanks be to God.**

Postlude: *Nun komm, der Heiden Heiland* (BuxWV 211), D. Buxtehude

Interim Dean: The Ven. David Selzer
Interim Director of Music: Brad Barbeau
Choristers: Megan Bruce, Rob Bruce

Prayer List: The Very Rev Sharon Murdoch, The Rev Don Goodwin, Collin Stewart, Lynn Moore, John Bate, Dee Padfield, Kathy Anderson, Anne Kirkpatrick, John Weatherall, Sandy, Jason, Allie and Dev Kauenhofen, Paul Robertson, Richard, Brian English, Sue Kilpatrick, Steven Hurd and Jenn Hurd, Ayda Mora, Danielle Clarke; Barbara Watson and family; Barbara Fitsell and family.

The flowers at the High Altar today are given to the glory of God
with thanks and appreciation for all the health care workers in our community
from **Fran Harkness and David Cameron**

We are delighted that you are with us for worship today.

Every person who is baptized is invited to the Lord's Table to receive Holy Communion with us. Gluten-free wafers are available. All people are welcome to come forward at the time of Communion. Please cross your arms to indicate a prayer of blessing if you do not wish to receive Communion.

Receiving Communion during pandemic: To receive Communion please line up in single file down the center aisle while practicing social distancing. Approach the Clergy with your mask on and arms fully outstretched hands together. You will receive a wafer only. Immediately step aside, move your mask, consume the wafer and return to your pew using a side aisle.

Parish Cycle of Prayer: Pray for St. George's parish archivists Peter Gower and John Duerkop; and we pray for the following households: Nancy Burwash, Brian and Wendy Callender, Larry and Beverly Cameron, David Cameron and Fran Harkness, and their families.

ANNOUNCEMENTS

Tickets: If you have an email address, we recommend parishioners please register themselves with **Eventbrite** (<http://bit.ly/SGCTickets>); there is a video on our YouTube channel (<http://bit.ly/SGCKingston>) that provides a walkthrough of the process if you need assistance. If you do not have a computer or email address please call the parish office at 613-548-4617 to reserve a space for the coming Sunday. Please make every effort to register by Thursday in the week. Thank you! **For reservations for the Christmas services please register through St. George's Website/Tickets for Christmas Services.**

Advent at the 9:15 am Service!

Today is the Third Sunday of Advent. On the four Sundays of Advent, at the 9:15am service, we will be making a Jesse Tree. A Jesse Tree is a little like a Christmas Tree but with a different meaning. We decorate it with symbols of people who lived before Jesus and who told of a Saviour who would come and show us how to live! It is fun and all the children and the congregation can take part. We invite you to come and live out Advent with our Jesse Tree.

Wednesday December 16, 12:15 Holy Eucharist, in Lady Chapel

Wednesday Dec 16 at Noon, Advent Reflections by Bishop Michael Oulton, on YouTube

Thursday December 17, 10:30am Eucharist, with prayers for healing, in Lady Chapel

12:15 - 1:00pm Noon Hour Recital featuring Matthew Larkin at the organ

Friday, December 18, 12:15pm Litany of Reconciliation, on church steps

Sunday, December 20, worship services 8:00, 9:15, 11:00am

4:00pm Festival of Lessons and Carols, Diocese of Ontario YouTube channel

7:00pm Advent Lessons and Carols, St. George's YouTube

Wednesday December 23, 12:15 Holy Eucharist, in Lady Chapel

Wednesday Dec 23 at Noon, Advent Reflections by Bishop Michael Oulton, on YouTube

Thursday December 24, Christmas Eve services 4:00, 7:00, and 10:00pm

Friday December 25, Christmas Day service 10:00am

Sunday December 27, worship services 8:00, 9:15, 11:00am

Friday January 1, 2021 New Years Day service at 10:00am

Sunday January 3, worship services 8:00, 9:15, 11:00am

Christmas Memorial Flowers 2020 donation slips are available in baskets/boxes at each entrance to the Cathedral. The Flower Guild welcomes donations towards our Christmas flowers and decorations, in memory of loved ones or as a thank offering. Please return the completed slip to the church office by **Monday December 21**.

PWRDF Christmas Cards

Thank you to all in the parish who supported the Primate's World Relief and Development Fund Christmas Card program. Parishioners took home 30 packages of cards and the Diocesan Office took 25 packages. That is a total of 55 packages of cards! The total giving to the PWRDF is \$1,375.00. Well done!

Readings for Sunday, December 20 - Fourth Sunday of Advent

2 Samuel 7:1-11; Cantic 18 Song of Mary; Romans 16:25-27; Luke 1:26-38