

# Sung Eucharist

**The Book of Alternative Services**



**13 December 2020**  
**Third Sunday of Advent**  
**9:15am**



**St. George's Cathedral, Kingston**

**Setting:** *New Plain-song*, Hurd

**Advent Introit:** *Verbum supernum prodiens*

## Introit

O heavenly Word of God on high,  
Whose love has brought salvation nigh,  
And from the Father's heart didst come  
To save a race by sin undone.

Our minds enlighten from above,  
And kindle with the fire of love,  
That as we hear thy gospel read,  
All sinful thoughts may flee in dread.

So, when thou comest at the last,  
And earth's long history is past,

May we be set at thy right hand,  
And with thine own in glory stand.

Grant thou thy gifts of grace below,  
In heaven an endless joy bestow,  
Who art our sole and sovereign Lord,  
The saving judge, and saints' reward.

All praise, eternal Son, to thee,  
Whose advent sets thy people free,  
Whom with the Father we adore,  
And Spirit blest, for evermore. Amen.

*Verbum Supernum*

Mode vii melody as in the

Mechlin *Antiphonarium Romanum* 1838

## The Gathering of the Community

*All stand. The presiding celebrant greets the community*

**Celebrant** The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

**People** **And also with you.**

*The following prayer may be said.*

**Celebrant** Almighty God,

**All** **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

## Kyrie

**Chorister** Lord have mercy, Christ have mercy, Lord have mercy

## The Collect of the Day

**Celebrant** Let us pray.

God of light, who sent the Baptist to offer hope and to face the world's scorn; open our ears to hear the cries from the margins, exposing our fears, sharpening our vision and calling us to faith; through Jesus Christ, the one who is to come. **Amen.**

# The Proclamation of the Word

## The Readings (Mike Bowen)

*A first reading as appointed.*

*Reader* A reading from the Book of the Prophet Isaiah 61:1-4,8-11

The spirit of the Lord God is upon me, because the Lord has anointed me; he has sent me to bring good news to the oppressed, to bind up the brokenhearted, to proclaim liberty to the captives, and release to the prisoners; to proclaim the year of the Lord's favour, and the day of vengeance of our God; to comfort all who mourn; to provide for those who mourn in Zion - to give them a garland instead of ashes, the oil of gladness instead of mourning, the mantle of praise instead of a faint spirit. They will be called oaks of righteousness, the planting of the Lord, to display his glory. They shall build up the ancient ruins, they shall raise up the former devastations; they shall repair the ruined cities, the devastations of many generations. For I the Lord love justice, I hate robbery and wrongdoing; I will faithfully give them their recompense, and I will make an everlasting covenant with them. Their descendants shall be known among the nations, and their offspring among the peoples; all who see them shall acknowledge that they are a people whom the Lord has blessed. I will greatly rejoice in the Lord, my whole being shall exult in my God; for he has clothed me with the garments of salvation, he has covered me with the robe of righteousness, as a bridegroom decks himself with a garland, and as a bride adorns herself with her jewels. For as the earth brings forth its shoots, and as a garden causes what is sown in it to spring up, so the Lord God will cause righteousness and praise to spring up before all the nations.

*At the conclusion of the passage, the reader says,*

The word of the Lord.

*People* **Thanks be to God.**

*Silence may be kept. Then shall follow a psalm as appointed.*

## Song of Mary

Tell out, my soul, the greatness of the Lord!  
Unnumbered blessings give my spirit voice;  
tender to me the promise of his Word;  
in God my Saviour shall my heart rejoice.

Tell out, my soul, the greatness of his name!  
Make known his might, the deeds his arm has done;  
his mercy sure, from age to age the same;  
his holy name, the Lord, the Mighty One.

Tell out, my soul, the greatness of his might!  
Powers and dominions lay their glory by.  
Proud hearts and stubborn wills are put to flight,  
the hungry fed, the humble lifted high.

Tell out, my soul, the glories of his Word!  
Firm is his promise, and his mercy sure.  
Tell out, my soul, the greatness of the Lord  
to children's children and forevermore!

*Woodlands*

W. Greatorex 1877-1949

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CCLI No. 3159907

*Reader* A reading from the First Letter of Paul to the Thessalonians 5:16-24  
Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. Do not quench the Spirit. Do not despise the words of prophets, but test everything; hold fast to what is good; abstain from every form of evil. May the God of peace himself sanctify you entirely; and may your spirit and soul and body be kept sound and blameless at the coming of our Lord Jesus Christ. The one who calls you is faithful, and he will do this.

*At the conclusion of the passage, the reader says,*

The word of the Lord.

*People* **Thanks be to God.**

*All stand for the Gospel.*

*Reader* The Lord be with you.

*People* **And also with you.**

*Reader* The Holy Gospel of our Lord Jesus Christ according to John

*People* **Glory to you, Lord Jesus Christ.**

There was a man sent from God, whose name was John. He came as a witness to testify to the light, so that all might believe through him. He himself was not the light, but he came to testify to the light.

This is the testimony given by John when the Jews sent priests and Levites from Jerusalem to ask him, 'Who are you?' He confessed and did not deny it, but confessed, 'I am not the Messiah.' And they asked him, 'What then? Are you Elijah?' He said, 'I am not.' 'Are you the prophet?' He answered, 'No.' Then they said to him, 'Who are you? Let us have an answer for those who sent us. What do you say about yourself?' He said, 'I am the voice of one crying out in the wilderness, "Make straight the way of the Lord" ', as the prophet Isaiah said.

Now they had been sent from the Pharisees. They asked him, 'Why then are you baptizing if you are neither the Messiah, nor Elijah, nor the prophet?' John answered them, 'I baptize with water. Among you stands one whom you do not know, the one who is coming after me; I am not worthy to untie the thong of his sandal.' This took place in Bethany across the Jordan where John was baptizing.

The Gospel of Christ.

*People* **Praise to you, Lord Jesus Christ.**

**Loving God's Story - Canon Barbara Stewart**

## **Hymn: O Jesse Tree**

O Jesse Tree, O Jesse Tree, your branches stand before us.

O Jesse Tree, O Jesse Tree, a symbol for the faithful.

Your branches green in summer's prime,  
are all now bare at Advent time.

O Jesse Tree, O Jesse Tree, your branches stand before us.

O Jesse Tree, O Jesse Tree, adorned with Advent's promises.

O Jesse Tree, O Jesse Tree, a symbol for the faithful.

Your branches speak of days to come,

Of peace and joy for everyone,

O Jesse Tree, O Jesse Tree, your branches stand before us.

## **Sermon – The Venerable David Selzer**

### **The Apostles' Creed**

*The celebrant may invite the people, in these or similar words, to join in the recitation of the creed.*

*Celebrant* Let us confess the faith of our baptism,  
as we say,

*All* **I believe in God,  
the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again  
to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

## **The Prayers of the People (Mike Bowen)**

*A deacon or lay member of the community leads the Prayers of the People after the following model. Intercession or thanksgiving may be offered for*  
*the Church*  
*the Queen and all in authority the world*  
*the local community those in need*  
*the departed.*

### **Confession and Absolution**

*The following prayers may be used here if the Penitential Rite was not used before the Gathering of the Community, or if penitential intercessions were not used in the Prayers of the People. The people are invited to confession in these or similar words.*

*Celebrant* Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

*Silence is kept.*

*Celebrant* Most merciful God,  
*All* **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

*Celebrant* Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life;  
through Jesus Christ our Lord.

*People* **Amen.**

### **The Peace**

*All stand, and the presiding celebrant addresses the people.*

The peace of the Lord be always with you.

*People* **And also with you.**

### **Offertory Hymn (please stay seated while the Choristers sing)**

On Jordan's bank the Baptist's cry  
announces that the Lord is nigh;  
awake and hearken, for he brings  
glad tidings from the King of kings.

make straight the way for God within;  
prepare we in our hearts a home,  
where such a mighty guest may come.

2 Then cleansed be every breast from sin;

3 For thou art our salvation, Lord,  
our refuge and our great reward;

without thy grace we waste away,  
like flowers that wither and decay.

4 To heal the sick stretch out thine hand,  
and bid the fallen sinner stand;  
shine forth, and let thy light restore

*Winchester New*  
C. Coffin 1676-1749  
tr. J. Chandler 1806-76

earth's own true loveliness once more.

5 All praise, eternal Son, to thee  
whose advent sets thy people free,  
whom with the Father we adore,  
and Holy Ghost for evermore.

*Adapted from Musicalisches*  
Hand-Buch (Hamburg, 1690)

## Prayer Over the Gifts

# The Celebration of the Eucharist

### Eucharistic Prayer 1(S1)

*All stand, as able, and the Celebrant addresses the people.*

**Celebrant** May God be with you.

**People** **And also with you.**

**Celebrant** Lift up your hearts.

**People** **We lift them up to God.**

**Celebrant** Let us give thanks to God our Creator.

**People** **It is right to give our thanks and praise.**

**Celebrant** Holy God, Lover of creation, we give you thanks and praise for in the ocean of your steadfast love you bear us and place the song of your Spirit in our hearts. When we turn from your love and defile the earth, you do not abandon us. Your Spirit speaks through Huldah and Micah, through prophets, sages, and saints in every age, to confront our sin and reveal the vision of your new creation.

Joining in the song of the universe we proclaim your glory saying:  
Now with all creation we raise our voices to proclaim the glory of your name.

**Chorister** **Holy, holy, holy One, God of power and might,  
heaven and earth are full of your glory. Hosanna in the highest.  
Blessed is the One who comes in the name of the Lord. Hosanna in the highest.**

*The people may stand, sit, or kneel as they are able.*

**Celebrant** Gracious God, in the fullness of time you sent Jesus the Christ to share our fragile humanity. Through Jesus' life, death, and resurrection you open the path from brokenness to health, from fear to trust, from pride and conceit to reverence for you.

Rejected by a world that could not bear the Gospel of life, Jesus knew death was near. His head anointed for burial by an unknown woman, Jesus gathered together those who loved him. He took the bread, gave thanks to you, broke it and gave it to his friends, saying, "Take and eat: this is my body which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine, gave you thanks, and said "Drink this all of you, this is my blood of the new covenant which is shed for you and for many. Whenever you drink it, do this for the remembrance of me." And now we gather at this table in response to his commandment, to share the bread and cup of Christ's undying love, and to proclaim our faith.

Christ has died. Christ is risen. Christ will come again.

Breathe your Holy Spirit, the wisdom of the universe, upon these gifts that we bring to you: this bread, this cup, ourselves, our souls and bodies, that we may be signs of your love for all the world and ministers of your transforming purpose.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, Creator of all, and we bless your holy name for ever.

**Amen**

*People*  
*Celebrant*

*People*

## **The Lord's Prayer**

*Celebrant* As our Saviour taught us, let us pray,

*All* **Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

## **The Breaking of the Bread**

*The celebrant breaks the consecrated bread for distribution, and may say one of the following:*

*Celebrant* God of promise, you prepare a banquet for us in your kingdom.

*All* **Happy are those who are called to the supper of the Lamb.**

## **The Communion**



*The celebrant invites the people to share in communion and may say,*

The gifts of God for the People of God.

*People*      **Thanks be to God.**

*The celebrant and people then receive communion. The sacrament is given with the following words.*

The body of Christ (given for you).

*The communicant responds each time, Amen.*

## **Prayer after Communion**

*Celebrant*    Let us pray.

*Standing, the community prays in silence. The celebrant may say the Prayer after Communion appointed for the day. At the conclusion of the prayer the congregation says, Amen.*

*Then the following doxology may be said.*

*Celebrant*    Glory to God,

*All*            **whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

*Celebrant*    Life is short, and we do not have much time to gladden the hearts of those who journey with us. And so make haste to love, and be swift to be kind; And may the God who travels with us, the God of pilgrimage, the God of Hope, bless, care and keep you, Father, Son and Holy Spirit, Now and always.

*People*        **Amen**

## **Dismissal**

*The celebrant may bless the people. The deacon, or other leader, dismisses the people, saying in these or similar words,*

Go forth in the name of Christ.

*People*        **Thanks be to God.**

**Postlude:** *Nun komm, der Heiden Heiland* (BuxWV 211), D. Buxtehude

**Interim Dean:** The Ven. David Selzer  
**Celebrant:** The Rev. Canon Barbara Stewart  
**Interim Director of Music:** Brad Barbeau  
**Choristers:** Megan Bruce, Rob Bruce

**Prayer List:** The Very Rev Sharon Murdoch, The Rev Don Goodwin, Collin Stewart, Lynn Moore, John Bate, Dee Padfield, Kathy Anderson, Anne Kirkpatrick, John Weatherall, Sandy, Jason, Allie and Dev Kauenhofen, Paul Robertson, Richard, Brian English, Sue

Kilpatrick, Steven Hurd and Jenn Hurd, Ayda Mora, Danielle Clarke; Barbara Watson and family; Barbara Fittsell and family.

**The flowers at the High Altar today are given to the glory of God  
with thanks and appreciation for all the health care workers in our community  
from Fran Harkness and David Cameron**

We are delighted that you are with us for worship today.

Every person who is baptized is invited to the Lord's Table to receive Holy Communion with us. Gluten-free wafers are available. All people are welcome to come forward at the time of Communion. Please cross your arms to indicate a prayer of blessing if you do not wish to receive Communion.

**Receiving Communion during pandemic:** To receive Communion please line up in single file down the center aisle while practicing social distancing. Approach the Clergy with your mask on and arms fully outstretched hands together. You will receive a wafer only. Immediately step aside, move your mask, consume the wafer and return to your pew using a side aisle.

**Parish Cycle of Prayer:** Pray for St. George's parish archivists Peter Gower and John Duerkop; and we pray for the following households: Nancy Burwash, Brian and Wendy Callender, Larry and Beverly Cameron, David Cameron and Fran Harkness, and their families.

### ANNOUNCEMENTS

**Tickets:** If you have an email address, we recommend parishioners please register themselves with **Eventbrite** (<http://bit.ly/SGCTickets>); there is a video on our YouTube channel (<http://bit.ly/SGCKingston>) that provides a walkthrough of the process if you need assistance. If you do not have a computer or email address please call the parish office at 613-548-4617 to reserve a space for the coming Sunday. Please make every effort to register by Thursday in the week. Thank you! **For reservations for the Christmas services please register through St. George's Website/Tickets for Christmas Services.**

#### **Advent at the 9:15 am Service!**

Today is the Third Sunday of Advent. On the four Sundays of Advent, at the 9:15am service, we will be making a Jesse Tree. A Jesse Tree is a little like a Christmas Tree but with a different meaning. We decorate it with symbols of people who lived before Jesus and who told of a Saviour who would come and show us how to live! It is fun and all the children and the congregation can take part. We invite you to come and live out Advent with our Jesse Tree.

**Wednesday December 16, 12:15** Holy Eucharist, in Lady Chapel

**Wednesday Dec 16 at Noon**, Advent Reflections by Bishop Michael Oulton, on YouTube

**Thursday December 17, 10:30am** Eucharist, with prayers for healing, in Lady Chapel

**12:15 - 1:00pm** Noon Hour Recital featuring Matthew Larkin at the organ

**Friday, December 18, 12:15pm** Litany of Reconciliation, on church steps

**Sunday, December 20**, worship services 8:00, 9:15, 11:00am

**4:00pm** Festival of Lessons and Carols, Diocese of Ontario YouTube channel  
**7:00pm** Advent Lessons and Carols, St. George's YouTube  
**Wednesday December 23, 12:15** Holy Eucharist, in Lady Chapel  
**Wednesday Dec 23** at Noon, Advent Reflections by Bishop Michael Oulton, on YouTube  
**Thursday December 24, Christmas Eve** services 4:00, 7:00, and 10:00pm  
**Friday December 25, Christmas Day** service 10:00am  
**Sunday December 27**, worship services 8:00, 9:15, 11:00am  
**Friday January 1, 2021 New Years Day** service at 10:00am  
**Sunday January 3**, worship services 8:00, 9:15, 11:00am

**Christmas Memorial Flowers 2020** donation slips are available in baskets/boxes at each entrance to the Cathedral. The Flower Guild welcomes donations towards our Christmas flowers and decorations, in memory of loved ones or as a thank offering. Please return the completed slip to the church office by **Monday December 21**.

#### **PWRDF Christmas Cards**

Thank you to all in the parish who supported the Primate's World Relief and Development Fund Christmas Card program. Parishioners took home 30 packages of cards and the Diocesan Office took 25 packages. That is a total of 55 packages of cards! The total giving to the PWRDF is \$1,375.00. Well done!

**Readings for Sunday, December 20 – Fourth Sunday of Advent**  
2 Samuel 7:1-11; Canticle 18 Song of Mary; Romans 16:25-27; Luke 1:26-38