

Sung Eucharist

The Book of Alternative Services



21 February 2021

First Sunday in Lent

9:15am



St. George's Cathedral, Kingston

Setting: German Mass, Schubert

The Gathering of the Community

All stand. The presider greets the community.

Presider The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People **And also with you.**

Presider Bless the Lord who forgives all our sins.

People **His mercy endures for ever.**

Presider Almighty God,

All **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen.**

Confession and Absolution

Presider Dear friends in Christ,
as we prepare for the Paschal Feast,
continuing in the apostles' teaching and fellowship,
in the breaking of bread, and in the prayers,
let us make ready our hearts
to renew the covenant of our baptism.

The presider continues,

Let us ask God to bring to light,
the things now hidden in darkness,
and to disclose to us the secret purposes of our hearts.
And most especially,
let us remember the covenant of our baptism
and test our hearts and conscience
to know how faithfully
we have persevered in resisting evil,
and whenever we fell into sin,
have repented and returned to the Lord.

Silence is kept.

Presider Most merciful God,

All **we confess that we have sinned against you
in thought, word, and deed,
by what we have done,**

and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
we are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name.
Amen.

Presider Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.

All **Amen.**

Kyrie Eleison

The Collect of the Day

Presider Let us pray.

God of the wilderness, your Son battled with the power of darkness and grew closer to you in the desert: help us to use these forty days to grow in wisdom and prayer, so that we may witness to your saving love in Jesus Christ our Lord. **Amen.**

The Proclamation of the Word

The Readings (Mike Bowen)

Reader *A Reading from the Book of Genesis 9:8-17*

Then God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth."

God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring

clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

At the conclusion of the passage, the reader says,

People The word of the Lord.
Thanks be to God.

Silence may be kept. Then shall follow a psalm as appointed.

Psalm 25:1-10

¹Unto thee, O LORD, do I lift up my soul; / my God, I have put my trust in thee.

²O let me not be confounded, / neither let mine enemies triumph over me.

³For all they that hope in thee shall not be ashamed; / but such as transgress without a cause shall be put to confusion.

⁴Show me thy ways, O LORD, / and teach me thy paths.

⁵Lead me forth in thy truth and teach me: / for thou art the God of my salvation; in thee is my hope all the day long.

⁶Call to remembrance, O LORD, thy tender mercies, / and thy loving-kindnesses, which have been ever of old.

⁷O remember not the sins and offences of my youth; / but according to thy mercy think thou upon me, O LORD, for thy goodness.

⁸Gracious and righteous is the LORD; / therefore will he teach sinners in the way.

⁹Them that are meek shall he guide in judgement; / and such as are gentle, them shall he teach his way.

¹⁰All the paths of the LORD are mercy and truth, / unto such as keep his covenant and his testimonies.

Reader

A Reading from First Letter of Peter 3:18-22

For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water.

And baptism, which this prefigured, now saves you – not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

The word of the Lord.

People

Thanks be to God.

Gradual Hymn (please stay seated while the Choristers sing)

Forty days and forty nights
thou wast fasting in the wild;
forty days and forty nights
tempted, and yet undefiled:

4 And if Satan, vexing sore,
flesh or spirit should assail,
thou, his vanquisher before,
grant we may not faint nor fail.

2 Sunbeams scorching all the day;
chilly dewdrops nightly shed;
prowling beasts about thy way;
stones thy pillow, earth thy bed.

5 So shall we have peace divine;
holier gladness ours shall be;
round us too shall angels shine,
such as ministered to thee.

3 Shall not we thy sorrows share,
and from earthly joys abstain,
fasting with unceasing prayer,
glad with thee to suffer pain?

Heinlein Martin Herbst, 1654-81

All stand for the Gospel.

Reader The Lord be with you.

People **And also with you.**

Reader The Holy Gospel of our Lord Jesus Christ according to Mark

People **Glory to you, Lord Jesus Christ.**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

Mark 1:9-15

The Gospel of Christ.

People **Praise to you, Lord Jesus Christ.**

Loving God's Story - The Rev. Canon Barbara Stewart

Sermon - The Ven. David Selzer

The Apostles' Creed

Presider Let us confess the faith of our baptism,
as we say,

All **I believe in God,
the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again
to judge the living and the dead.
I believe in the Holy Spirit,**

the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Prayers of the People (Mike Bowen)

The Peace

All stand, and the presider addresses the people.

The peace of the Lord be always with you.

People **And also with you.**

Offertory Hymn (please stay seated while the Choristers sing)

1 Jesu, Lover of my soul,
Let me to thy bosom fly,
While the nearer waters roll,
While the tempest still is high:
Hide me, O my Saviour, hide
Till the storm of life is past;
Safe into the haven guide,
O receive my soul at last.

2 Other refuge have I none,
Hangs my helpless soul on thee;
Leave, ah, leave me not alone,
Still support and comfort me.
All my trust on thee is stayed,
All my help from thee I bring;
Cover my defenceless head
With the shadow of thy wing.

3 *Thou, O Christ, art all I want,
More than all in thee I find:
Raise the fallen, cheer the faint,
Heal the sick, and lead the blind.
Just and holy is thy name,
I am all unrighteousness;
False and full of sin I am,
Thou art full of truth and grace.

4 Plenteous grace with thee is found,
Grace to cover all my sin;
Let the healing streams abound,
Make and keep me pure within.
Thou of life the fountain art,
Freely let me take of thee,
Spring thou up within my heart,
Rise to all eternity.

Aberystwyth

Charles Wesley, 1707-88
Joseph Parry, 1841-1903

The Celebration of the Eucharist

Eucharistic Prayer 3

Presider The Lord be with you.

People **And also with you.**

Presider Lift up your hearts.

People **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

Preface Blessed are you, gracious God,
creator of heaven and earth,
because you bid your faithful people
to cleanse their hearts
and to prepare with joy for the paschal feast;
that reborn through the waters of baptism
and renewed in the eucharistic mystery,
we may be more fervent in prayer
and more generous in the works of love.
Therefore we raise our voices to you in praise
to proclaim the glory of your name.

People **Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Presider We give thanks to you, Lord our God,
for the goodness and love you have made known to us in creation; in
calling Israel to be your people; in your Word spoken through the
prophets; and above all in the Word made flesh, Jesus your Son.
For in these last days you sent him to be incarnate from the Virgin Mary,
to be the Saviour and Redeemer of the world. In him, you have delivered
us from evil, and made us worthy to stand before you. In him, you have
brought us out of error into truth, out of sin into righteousness, out of
death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

People Therefore, Father, according to his command,
**we remember his death, we proclaim his resurrection,
we await his coming in glory;**

Presider and we offer our sacrifice
of praise and thanksgiving
to you, Lord of all;
presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever.

People **Amen.**

The Lord's Prayer

Presider As our Saviour taught us, let us pray,

All **Our Father in heaven,
hallowed be your name,
your kingdom come,**

your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

The Breaking of the Bread

Presider We break this bread,
All Communion in Christ's body once broken.

Celebrant Let your Church be the wheat which bears its fruit in dying.
All **If we have died with him,
we shall live with him;
if we hold firm,
we shall reign with him.**

The Communion

People The gifts of God for the People of God.
Thanks be to God.

The presider and people then receive communion.

Prayer after Communion

Presider Let us pray.

Standing, the community prays in silence. The presider may say the Prayer after Communion appointed for the day. At the conclusion of the prayer the congregation says, Amen.

Then the following doxology may be said.

Presider Glory to God,
All **whose power, working in us, can do infinitely more
than we can ask or imagine. Glory to God from generation to generation, in
the Church and in Christ Jesus, for ever and ever. Amen.**

Blessing

Presider Life is short, and we do not have much time to gladden the hearts of those who journey with us. And so make haste to love, and be swift to be kind; And may the God who travels with us, the God of pilgrimage, the God of Hope, bless, care and keep you, Father, Son and Holy Spirit, Now and always.

People **Amen**

Dismissal

Go forth in the name of Christ.

People **Thanks be to God.**

Postlude:

Interim Dean: The Ven. David Selzer
Interim Director of Music: Brad Barbeau

Prayer List: The Very Rev Sharon Murdoch, The Rev Don Goodwin, Collin Stewart, John Bate, Dee Padfield, Kathy Anderson, Sandy, Jason, Allie and Dev Kauenhofen, Paul Robertson, Richard Watson-Laird, Danielle Clarke, Sean Lovett, Ralph Brose, Gill Cleghorn, Gwynne Hardy, Joseph Mora, and all family, remembering the late Ayda (Papazyan) Mora, Jean Cruickshank and all family, remembering the late David Cruickshank.

**The flowers at the High Altar today are given to the glory of God
in loving memory of Lynda Redmond from Carl Redmond.**

We are delighted that you are with us for worship today.

Every person who is baptized is invited to the Lord's Table to receive Holy Communion with us. Gluten-free wafers are available. All people are welcome to come forward at the time of Communion. Please cross your arms to indicate a prayer of blessing if you do not wish to receive Communion.

Receiving Communion during pandemic: To receive Communion please line up in single file down the center aisle while practicing social distancing. Approach the Clergy with your mask on and arms fully outstretched hands together. You will receive a wafer only. Immediately step aside, move your mask, consume the wafer and return to your pew using a side aisle.

Parish Cycle of Prayer: Pray for St. George's Sunday School and nursery; Kevin Raison and Betsy Schmidt-Raison and all their helpers; and we pray for the following households: Eleanor Einarson, Basil Ennab, Warren and Susan Everett, Tanis Fairley and Derek Falkner and their families.

Something new at the 9:15 am Service! - The extended children's focus known as "Loving God's Story" will return at the 9:15 am service each Sunday. We invite all families and children to come and join us for music, story, learning and fun during our service. We enjoy the bustle and energy of children and welcome all to be a part of this more relaxed worship. Each child is given worksheets and colouring sheets to take back to their seat to work on in church or to take home. **Please be sure to reserve with Eventbrite or call the church office to reserve.**

Wednesday February 24, 12:15 Holy Eucharist, in Lady Chapel

Thursday February 25, 10:30am Eucharist, with prayers for healing, (Lady Chapel)

Friday, February 26, 12:15pm Litany of Reconciliation, on church steps

Readings for next Sunday February 28 - Second Sunday in Lent

Genesis 17:1-7, 15-16; Psalm 22:22-31; Romans 4:13-25; Mark 8:31-38

8:00am Holy Communion, **9:15am** Eucharist, and **11:00am** Eucharist

Parishioners are required to register through Eventbrite for all services

Preacher: The Venerable David Selzer

ANNOUNCEMENTS

Notice is Hereby Given that the Annual Vestry Meeting for the Cathedral Church of St. George will take place on Sunday March 7, 2021 commencing at 1:30pm via Zoom only.

Eventbrite: We've updated the announcement for tickets as we want to send people to the website now instead of directly to Eventbrite - we weren't able to do that when we started doing tickets before so that's why it was less friendly than now. There are multiple places to get tickets from the website but the easiest is the button that says "Book a Ticket" that is right in the introductory paragraph.

Services again require tickets - please order your tickets through the Cathedral website at www.stgeorgescathedral.ca (there is also a video on the website demonstrating how to order a ticket). If you do not have Internet access, please call the parish office at 613-548-4617 to reserve a space for the coming Sunday. Please make every effort to register by Thursday each week

2021 Offering Envelopes - For members who have not already collected their box of offering envelopes for 2021 please contact Marg in the church office.

Forward Day by Day devotion booklets for February, March and April are available at the church office. Please call ahead to arrange to pick up.

The St. George's Cathedral website has various publications regarding Lent. Of special note is the booklet "Lenten Reflections" and "Living Lent at Home", www.stgeorgescathedral.ca.

Lenten Bible Study – Rev'd Gerald Moore

No Wonder They Crucified Him: Church Bundle, Dan Meyer & JoHannah Reardon

Of all the people admired in the world today, Jesus of Nazareth continually ranks at the top of the list. Even those who don't call themselves Christians regard Jesus as one of the wisest teachers and most loving leaders the world has ever known. He is still making the covers of magazines and being talked about in coffee shops with a popularity like no other person who has walked this earth. So why did his contemporaries kill him?

BIBLE STUDY FORMAT: Each week a session will be emailed to you. Each will contain scripture references and questions. There is no requirement to go on line at a particular day or time. Complete the study on your own time and, if you care to, share your reaction to each session by Friday of the same week. Please let me know if it is ok to give out your email address so we can communicate our responses and perhaps elicit comments and observations with others. (no criticisms as we will all look at scripture through different lenses).

This six-session course examines Jesus as not simply meek and mild, but as a dangerous man because he was and is the God who is dangerously good. Take a fresh look at Jesus' call to action.

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