

THE HOLY EUCHARIST

The Fourth Sunday in Lent



The Cathedral Church of Saint George

15 March 2026 • 10:30 a.m.

*We acknowledge that in Kingston we are situated on traditional territory of the Anishinaabe, Haudenosaunee, and Huron Wendat peoples.
We seek a new relationship with the original peoples of this land, one rooted in and based upon honour and deep respect.*

WELCOME TO ST. GEORGE'S CATHEDRAL

Welcome to worship at St George's Cathedral. Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here! Please join us in the entryway for a time of fellowship after the service. We are thrilled you have decided to worship with us.

*The flowers on the Nave altar are given to the Glory of God in loving memory
of John Jackson by Valerie Jackson.*

*The flowers on the nave altar are given to the Glory of God and in loving memory
of Barbara Fisher by her family, Kay and Mark Hutchings.*

The Gathering of the Community

Prelude

The people stand as the procession enters the Cathedral.

The Introit

Drop, drop, slow tears, and bathe those beautiful feet,
which brought from heaven the news and Prince of Peace.

Cease not, wet eyes, his mercies to entreat;
to cry for vengeance sin doth never cease.

In your deep floods drown all my faults and fears;
nor let his eye see sin, but through my tears.

Orlando Gibbons 1583-1625

Phineas Fletcher 1582-1650

The people are seated.

Welcome & Land Acknowledgement

The people stand as able at the invitation of the Celebrant.

The Opening Acclamation

Celebrant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

***People* And also with you.**

Celebrant Almighty God,

***People* to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

Kyrie Eleison | Sung by the choir in Greek.

Lord have mercy, Christ have mercy, Lord have mercy.

The Collect of the Day

Celebrant

Almighty God, through the waters of baptism your Son has made us children of light. May we ever walk in his light and show forth your glory in the world; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

People

Amen.

The people are seated.

The Proclamation of the Word

The First Lesson | 1 Samuel 16:1-13

The Lord said to Samuel, "How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons." Samuel said, "How can I go? If Saul hears of it, he will kill me." And the Lord said, "Take a heifer with you, and say, 'I have come to sacrifice to the Lord.' Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you." Samuel did what the Lord commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, "Do you come peaceably?" He said, "Peaceably; I have come to sacrifice to the Lord; sanctify yourselves and come with me to the sacrifice." And he sanctified Jesse and his sons and invited them to the sacrifice. When they came, he looked on Eliab and thought, "Surely the Lord's anointed is now before the Lord." But the Lord said to Samuel, "Do not look on his appearance or on the height of his stature, because I have rejected him; for the Lord does not see as mortals see; they look on the outward appearance, but the Lord looks on the heart." Then Jesse called Abinadab, and made him pass before Samuel. He said, "Neither has the Lord chosen this one." Then Jesse made Shammah pass by. And he said, "Neither has the Lord chosen this one." Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, "The Lord has not chosen any of these." Samuel said to Jesse, "Are all your sons here?" And he said, "There remains yet the youngest, but he is keeping the sheep." And Samuel said to Jesse, "Send and bring him; for we will not sit down until he comes here." He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The Lord said, "Rise and anoint him; for this is the one." Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the Lord came mightily upon David from that day forward. Samuel then set out and went to Ramah.

Reader

The word of the Lord.

People

Thanks be to God.

Psalm 23 | Sung by the choir.

The Lord is my shepherd : therefore can I lack nothing.

2 He shall feed me in a green pasture : and lead me forth beside the waters of comfort.

3 He shall convert my soul : and bring me forth in the paths of righteousness, for his Name's sake.

4 Yea, though I walk through the valley of the shadow of death, I will fear no evil : for thou art with me; thy rod and thy staff comfort me.

As he walked along, he saw a man blind from birth. His disciples asked him, "Rabbi, who sinned, this man or his parents, that he was born blind?" Jesus answered, "Neither this man nor his parents sinned; he was born blind so that God's works might be revealed in him. We must work the works of him who sent me while it is day; night is coming when no one can work. As long as I am in the world, I am the light of the world." When he had said this, he spat on the ground and made mud with the saliva and spread the mud on the man's eyes, saying to him, "Go, wash in the pool of Siloam" (which means Sent). Then he went and washed and came back able to see. The neighbours and those who had seen him before as a beggar began to ask, "Is this not the man who used to sit and beg?" Some were saying, "It is he." Others were saying, "No, but it is someone like him." He kept saying, "I am the man." But they kept asking him, "Then how were your eyes opened?" He answered, "The man called Jesus made mud, spread it on my eyes, and said to me, 'Go to Siloam and wash.' Then I went and washed and received my sight." They said to him, "Where is he?" He said, "I do not know." They brought to the Pharisees the man who had formerly been blind. Now it was a sabbath day when Jesus made the mud and opened his eyes. Then the Pharisees also began to ask him how he had received his sight. He said to them, "He put mud on my eyes. Then I washed, and now I see." Some of the Pharisees said, "This man is not from God, for he does not observe the sabbath." But others said, "How can a man who is a sinner perform such signs?" And they were divided. So they said again to the blind man, "What do you say about him? It was your eyes he opened." He said, "He is a prophet." The Jews did not believe that he had been blind and had received his sight until they called the parents of the man who had received his sight and asked them, "Is this your son, who you say was born blind? How then does he now see?" His parents answered, "We know that this is our son, and that he was born blind; but we do not know how it is that now he sees, nor do we know who opened his eyes. Ask him; he is of age. He will speak for himself." His parents said this because they were afraid of the Jews; for the Jews had already agreed that anyone who confessed Jesus to be the Messiah would be put out of the synagogue. Therefore his parents said, "He is of age; ask him." So for the second time they called the man who had been blind, and they said to him, "Give glory to God! We know that this man is a sinner." He answered, "I do not know whether he is a sinner. One thing I do know, that though I was blind, now I see." They said to him, "What did he do to you? How did he open your eyes?" He answered them, "I have told you already, and you would not listen. Why do you want to hear it again? Do you also want to be-come his disciples?" Then they reviled him, saying, "You are his disciple, but we are disciples of Moses. We know that God has spoken to Moses, but as for this man, we do not know where he comes from." The man answered, "Here is an astonishing thing! You do not know where he comes from, and yet he opened my eyes. We know that God does not listen to sinners, but he does listen to one who worships him and obeys his will. Never since the world began has it been heard that anyone opened the eyes of a person born blind. If this man were not from God, he could do nothing." They answered him, "You were born entirely in sins, and are you trying to teach us?" And they drove him out. Jesus heard that they had driven him out, and when he found him, he said, "Do you believe in the Son of Man?" He answered, "And who is he, sir? Tell me, so that I may believe in him." Jesus said to him, "You have seen him, and the one speaking with you is he." He said, "Lord, I believe." And he worshipped him. Jesus said, "I came into this world for judgement so that those who do not see may

see, and those who do see may become blind." Some of the Pharisees near him heard this and said to him, "Surely we are not blind, are we?" Jesus said to them, "If you were blind, you would not have sin. But now that you say, 'We see,' your sin remains."

Gospeller

The Gospel of Christ.

People

Praise to you, Lord Jesus Christ.

The people are seated at the invitation of the preacher.

The Sermon | The Very Rev. Douglas Michael

Silence may be kept. The people stand as able.

The Nicene Creed

Celebrant

Let us confess our faith, as we say,

People

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come
Amen.**

The people sit or kneel as they wish.

The Prayers of the People

Confession & Absolution

Celebrant

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Celebrant
People

Most merciful God,
we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Celebrant

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

People

Amen.

The people stand as able.

The Peace

Celebrant

The peace of the Lord be always with you.

People

And also with you.

An offering is received to support the mission and ministry of the Cathedral. All are invited to make a gift as the plate is passed, or by visiting www.stgeorgescathedral.ca/donate.

Holy Communion

Offertory Hymn | Sung by all, standing as able.



Eternal Father, strong to save,
whose arm doth bind the restless wave,
who bidd'st the mighty ocean deep
its own appointed limits keep:
O hear us when we cry to thee
for those in peril on the sea.

2 O Saviour whose almighty word
the winds and waves submissive heard,
who walkedst on the foaming deep,
and calm amid its rage didst sleep:
O hear us when we cry to thee
for those in peril on the sea.

3 O sacred Spirit, who didst brood
upon the chaos dark and rude,
who bad'st its angry tumult cease,
and gavest light and life and peace:
O hear us when we cry to thee
for those in peril on the sea.

4 O Trinity of love and power,
all people shield in danger's hour;
from rock and tempest, fire and foe,
protect them whereso' er they go:
and ever let there rise to thee
glad hymns of praise from land and sea.

Melita

John Bacchus Dykes 1823-76

William Whiting 1825-78

Prayer Over the Gifts

Celebrant God of light, your Word brings to us a new vision of your glory.
Accept our offering of praise and thanksgiving, through Jesus Christ our Lord.
People **Amen.**

The Great Thanksgiving

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

Celebrant We give you thanks and praise, almighty God, for the gift of a world full of wonder,
and for our life which comes from you. By your power you sustain the universe.

People **Glory to you for ever and ever.**

Celebrant You created us to love you with all our heart, and to love each other as ourselves,
but we rebel against you by the evil that we do. In Jesus, your Son, you bring healing
to our world and gather us into one great family. Therefore, with all who serve you
on earth and in heaven, we praise your wonderful name, as we sing (say),

Choir **Holy, holy, holy Lord, God of power and might, heaven
and earth are full of your glory. Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Celebrant We give you thanks and praise, loving Father, because in sending Jesus, your Son, to
us you showed us how much you love us. He cares for the poor and the hungry. He
suffers with the sick and the rejected. Betrayed and forsaken, he did not strike back
but overcame hatred with love. On the cross he defeated the power of sin and
death. By raising him from the dead you show us the power of your love to bring
new life to all your people.

People **Glory to you for ever and ever.**

Celebrant On the night before he gave up his life for us, Jesus, at supper with his friends,
took bread, gave thanks to you, broke it, and gave it to them, saying, "Take this, all
of you, and eat it: this is my body which is given for you." After supper, Jesus took
the cup of wine, said the blessing, gave it to his friends, and said, "Drink this, all of
you: this is the cup of my blood, the blood of the new and eternal covenant, which
is shed for you and for many, so that sins may be forgiven. Do this in memory of
me."

People **Glory to you for ever and ever.**

Celebrant Gracious God, with this bread and wine we celebrate the death and resurrection of Jesus, and we offer ourselves to you in him. Send your Holy Spirit on us and on these gifts, that we may know the presence of Jesus in the breaking of bread, and share in the life of the family of your children.

People **Glory to you for ever and ever.**

Celebrant Father, you call us to be your servants; fill us with the courage and love of Jesus, that all the world may gather in joy at the table of your kingdom. We sing your praise, almighty Father, through Jesus, our Lord, in the power of the Holy Spirit, now and for ever.

People **Glory to you for ever and ever.**

The Lord's Prayer

Celebrant And now, as our Saviour Christ has taught us, we are bold to say,

People **Our Father, who art in heaven,
hallowed be thy name, thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread. And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation
But deliver us from evil. For thine is the kingdom,
the power, and the glory, for ever and ever. Amen.**

The Breaking of the Bread

Celebrant We break this bread,

People **Communion in Christ's body once broken.**

Celebrant Let your Church be the wheat which bears its fruit in dying.

People **If we have died with him, we shall live with him; if we hold firm,
We shall reign with him.**

The Communion

Celebrant The gifts of God for the People of God.

People **Thanks be to God.**

The Choir sings the Agnus Dei.

All baptized Christians are welcome to receive communion in this Church. Please move to the rail at the direction of the ushers. You may receive the bread in open and outstretched hands, responding: "Amen." Gluten-free wafers are available; please make your need known to the minister. If you prefer not to receive wine from the common cup, you may simply touch the base of the chalice, again responding: "Amen." Should you wish to receive a blessing, please indicate that to the priest by crossing your arms over your chest.

The Motet | *Oculi omnium*, Charles Wood 1866-1926

The Prayer After Communion

Celebrant Father, through your goodness we receive your Son in word and sacrament.
May we always have faith in him, Jesus Christ the Lord.

People Amen.

The people stand as able.

The Blessing

Celebrant Life is short, and we do not have much time to gladden the hearts of those who journey with us. And so make haste to love, and be swift to be kind; And may the God who travels with us, the God of pilgrimage, the God of Hope, bless, care and keep you, Father, Son and Holy Spirit, now and always.

People Amen.

The Dismissal

Celebrant Go in peace to love and serve the Lord.

People **Thanks be to God.**

Recessional Hymn | Sung by all, standing as able.



All people that on earth do dwell,
sing to the Lord with cheerful voice;
him serve with fear, his praise forth tell,
come ye before him, and rejoice.

4 For why? The Lord our God is good;
his mercy is for ever sure;
his truth at all times firmly stood,
and shall from age to age endure.

2 The Lord, ye know, is God indeed;
without our aid he did us make;
we are his folk, he doth us feed,
and for his sheep he doth us take.

5 To Father, Son, and Holy Ghost,
the God whom heaven and earth adore,
from men and from the angel-host
be praise and glory evermore.

3 O enter then his gates with praise,
approach with joy his courts unto;
praise, laud, and bless his name always,
for it is seemly so to do.

Old Hundredth
Genevan Psalter

William Kethe d 1594
Based on *Psalms* 100

Postlude

The postlude concludes our worship service, sending us forth into the week ahead. You may choose to remain seated for the duration or depart following the closing hymn.

LEADING THE SERVICE

PREACHER The Very Reverend Douglas Michael, *dean*
PRESIDER The Rev. Canon Peter Case, *honourary associate priest*
MUSICIANS Brad Barbeau, *director of music*
The Cathedral Choir

ASSISTING WITH THE SERVICE

READER	Gabrielle McIntire	LIVESTREAM	Derek F. & Peter M.
SERVER	Derek Falkner & Gerald Courage	INTERCESSOR	Sarah Earl
LAY MINISTER	Sarah Earl & Jim Anderson	VERGERS	Jane Kirkpatrick &
SIDESPEOPLE	Dr. Lois Jaja & Brian Hinchey		Nancy Legacy

EUCHARISTIC PRAYER: BAS Eucharistic Prayer #5

SERVICE MUSIC: *Communion Service in F*, Herbert Sumsion

Holy Week & Easter

at St George's Cathedral

PALM SUNDAY

March 29 • 8am & 10:30am Holy Eucharist

HOLY TUESDAY

March 31 • 12pm Chrism Mass

MAUNDY THURSDAY

April 2 • 7pm Solemn Eucharist

GOOD FRIDAY

April 3 • 11am Solemn Liturgy
April 3 • 3:30pm Concert: John Stainer's *The Crucifixion*

EASTER EVE

April 4 • 8pm The Great Vigil of Easter

EASTER DAY

April 5 • 8am & 10:30am Holy Eucharist

Learn more at www.stgeorgescathedral.ca/lent

The Cathedral Church of St George

www.stgeorgescathedral.ca

The Very Reverend Douglas Michael, *Dean & Rector*
Brad Barbeau, *Director of Music*

